



The Cathedral of
ST. EUGENE

2323 Montgomery Drive
Santa Rosa, CA 95405
(707) 542-6984

PASTORAL STAFF

Rev. Frank Epperson, Rector
Fr. Gabriel Sanchez, Parochial Vicar
Rev. Jeffrey Keyes, In Residence
Rev. Bala Putchakayala, In Residence
Deacon Mike Heinzelman
Deacon Gary Moore
Deacon Russ Bowden

TELEPHONE NUMBERS

Email Comments/Suggestions to:
Office@steugenes.com

Parish Office Phone	542-6984
Parish Office Fax	542-1621
Religious Education	326-3408
Finance Council – Marty McCormick	526-1700
Choir Directress – Pam Zieminski	578-8848
School Office	545-7252
Preschool Office – Sharry Caesare	528-9133
Homeschool Academy– Jessica Warner	206-5579

PARISH OFFICE HOURS

Monday – Friday – 9:00 a.m. to 4:00 p.m.
Entrance is located at SW corner of Rectory

WEBSITES

Parish: www.steugenes.com
School: www.steugenesch.org

REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.
Saturday: 8:00a.m; 4:30 p.m. & Sp.6:30 p. m.
Sunday: 7:30, 9:00 & 10:30 a.m.
12:00 noon and 5:30 p.m.
Tuesday Latin Mass: 5:30 p.m.
Sunday Latin Mass: 1:30 p.m.

CONFESSIONS

3:30 – 4:30 p.m. Saturday or by appointment

PERPETUAL ADORATION

Perpetual Adoration is in the Chapel of the Sacred Heart of Jesus. To sign up for your hour with our Lord, call Annette (English) at: 542-3635 or Maria Vega (Spanish) at: 710-5094

Benediction of the Most Blessed Sacrament is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

DEVOTIONS

Recitation of the Rosary is Monday – Saturday at 7:25 a.m. in the Cathedral

Chaplet of Divine Mercy is Saturday after the 8:00 a.m. Mass in the Cathedral

CATHEDRAL SHOPS

Cathedral Thrift Shop Hours: Tues & Wed. 9:30 am – 2:30 pm

Cathedral Books & Gifts Hours: Wed-Sat 8:30-4:30 & Sun 8:30-1:30, Closed Mon/Tues - Phone: 542-0250

OCTAVE DAY OF CHRISTMAS - MARY, MOTHER OF GOD – JANUARY 1, 2023

PARISH CALENDAR

SUNDAY JANUARY 1

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00,
1:30 pm (Latin) & 5:30 pm

MONDAY JANUARY 2

Morning Masses – Cathedral – 6:45 & 8:00 am

TUESDAY JANUARY 3

Morning Masses – Cathedral – 6:45 & 8:00 am
Women of the Word – PLC – 9:00 am
Latin Mass – Cathedral- 5:30 pm

WEDNESDAY JANUARY 4

Morning Masses – Cathedral – 6:45 & 8:00 am
Outdoor Rosary – Fatima Grotto – 6:00 pm

THURSDAY JANUARY 5

Morning Masses – Cathedral – 6:45 & 8:00 am

FRIDAY JANUARY 6

Morning Masses – Cathedral – 6:45 & 8:00 am

SATURDAY JANUARY 7

Morning Mass – Cathedral – 8:00 am
Confession – Cathedral 3:30 – 4:30 pm
Sunday Vigil Masses – Cathedral – 4:30 pm & 6:30 pm
(Spanish)

SECOND COLLECTION INFORMATION

~ SOLEMNITY OF MARY, MOTHER OF GOD ~

This weekend, Dec. 31 & Jan. 1, the Second Collection will be taken for this Holy Day of Obligation: The Solemnity of Mary, Mother of God. Next weekend, January 7 & 8, our Second Collection will be for our Family Support Center which provides Assistance for Homeless families. St. Eugene's is proud to sponsor one of the rooms which will house a needy family.

~Fr. Mark Kristy, O.C.D.~

Father Mark Kristy, O.C.D. is reportedly living in the Diocese of Santa Rosa without his Superior's permission or approval. Under no circumstance is he to be allowed to exercise any form of ministry in or for the Diocese. The faithful are advised that they are not to participate in any way with any priestly activities which he might illicitly offer. Concerns are to be brought to the attention of the Chancery.

Hearing Aid Users, Switch to T-Coil

ADMINISTRATION

For the Week of 12/11/22

Sunday Donations Received:	\$11,970.
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<i>Second Collection: Retirement Fund for Religious</i>	\$4,406.
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For the Week of 12/18/22

Sunday Donations Received:	\$15,516.
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<i>Second Collection: Tuition Assistance Program</i>	\$2,857.
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~ CATHEDRAL BOOKS & GIFTS ~

January is the month of the Holy Name of Jesus. The mystery and beauty of the Name of Jesus should be shrouded in silence and reverence, therefore, to respect this reverence, in January, our modest and beautiful veils are on sale at 25% off all month. They are all breathtaking in their colors, softness, and intricate patterns. Start the New Year with the understated beauty and modesty of a veil and buy the one that you've always wanted. The shop hours are: Wed-Sat from 8:30 am-4:30 pm & Sun 8:30 am-1:30 pm. Mon./Tues. (We are closed on January 1st!) Call us at: 542-0250.

NEW ROOF FUNDRAISER

~ NEW ROOF NEEDED ~

Two weeks ago, many of you may have read the flyer that we inserted in our bulletin. For those who did not see it, our latest challenge is to have a new roof installed on the Cathedral. The one that we have now is quite old and is failing fast! One thing about these old buildings is that things eventually wear out. (Most of the buildings on our campus are 70 years old.) Last year, you may remember, we raised money to renovate the old kitchen and bathrooms in the Msgr. Becker. It looks like this year, it'll be the roof. We have been given an estimate of \$100,000 for this job. If, after prayerful reflection, you are able to help us raise the funds to make this happen, we would greatly appreciate it. If you donate by check, simply make the check payable to: "St. Eugene's" and on the Memo Line, please write: "For New Roof" Feel free to drop the check into the collection basket on a Sunday of your choice or drop it by/ send it to the Parish Office.

The bulletin submission deadline is Thursday @ 3:00pm for the Sunday after next bulletin. We reserve the right to edit or omit items. E-mail items to: office@steugenes.com.

MASS INTENTIONS

Saturday	December 31
8:00 am	Brian Ellis, deceased
4:30 pm	William Edward Douglas, deceased
6:30 pm (Sp)	Catalina Miranda Bahena & Felicitas Bahena Jaime, deceased
Sunday	January 1
7:30 am	Lisa Tran, living
9:00 am	People of St. Eugene's
10:30 am	People of the Diocese
12:00 pm	Deirdre & Martin Brian McCormick, deceased
1:30 pm (EF)	Sr. Maria Josefa, living & the Marian Sisters of Santa Rosa
5:30 pm	William Moura, living
6:00pm Newman Ctr.	Fr. Alan Acevedo, living
Monday	January 2
6:45 am	Lisa Tran, living
8:00 am	Volodya & Andy Skrypka, living
Tuesday	January 3
6:45 am	Anna Magdalena Arnerich, living
8:00 am	Ricmon Sunny Mark Marapao, deceased
5:30 pm (EF)	HRH Prince Luiz of Orleans Brganza, deceased
Wednesday	January 4
6:45 am	Marian Sisters of Santa rosa
8:00 am	James F. Ernst, deceased
Thursday	January 5
6:45 am	Lisa Tran, living
8:00 am	The Wagner Family, living & deceased
Friday	January 6
6:45 am	Lisa Tran, living
8:00 am	Betty Bjornstrom, living
12:00 pm (Hosp)	Neal Mahall, deceased
7:00 pm (Sp)	In reparation for the offenses against the Immaculate Heart of Mary and the Sacred Heart of Jesus
Saturday	January 7
8:00 am	In honor of and in reparation for the offenses against the Immaculate Heart of Mary and the Sacred Heart of Jesus and for the living and deceased members of the Russell and Rinaldi families.
4:30 pm	Rondelle Cagwin, living
6:30 (Sp)	Ricardo Olvera Galvan, deceased

SPIRITUAL ACTIVITY

~NEW BIBLE STUDY CLASS~

Start 2023 off right by studying the Word of God! We will begin our class, *James: Pearls for Wise Living*, on **January 11**. Meant to help a fledgling Church live out its faith in the face of persecution and a worldview opposed to the gospel, the practical book of James will help you discover wisdom you can apply to the present. The group will meet for eleven Wednesday evenings from 7:00-8:30 in the Parish Life Center. There is no fee, but each person must purchase the course workbook for \$30 from Ascension Press and supply their own bible. For more info contact Tony Nelson at opsmanager@steugenes.com.

~HOLY HOUR~

On Thursday, January 5, St. Joseph Catholic Church in Cotati, located at 150 St. Joseph Way, will offer a Holy Hour starting at 6:00 pm. Join them for prayer of the Rosary, Eucharistic Adoration, and Confession.

SOCIAL ACTIVITY

~EPIPHANY BREAKFAST~

The Knights of Columbus annual Epiphany Breakfast will take place on Sunday, January 8, 2023, in the Becker Center, from 8am till noon. Menu includes pancakes, scrambled eggs, sausage, coffee & orange juice—all for FREE! Donations are gratefully accepted. A raffle will be held for a 57-inch tall statue of Our Blessed Mother. Tickets are 1 for \$5, 3 for \$10 or 7 for \$20. The statue is on display in our Bookstore. Tickets are on sale in the Parish Office and Bookstore.

SAVE THE DATE

~WALK FOR LIFE~

The Knights of Columbus is organizing a bus trip to the 2023 "Walk for Life" in San Francisco on Saturday, January 21st. Two buses will leave St. Eugene's at 8:00am and drop us off at St. Mary's Cathedral for 9:30am Mass celebrated by Archbishop Cordileone. After Mass we will walk to the SF Civic Center for the rally. There The Rally begins at 12:30pm, followed by "The Walk for Life" down Market Street at 1:30pm. We will board our bus at the end of "The Walk" around 3:30pm and we will arrive back at St. Eugene's before 5pm. Bus Tickets can be purchased at the Parish Office and will be sold on a first come/first served basis. The cost is \$28.

~PLEASE PRAY FOR~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Marjorie Miles, Amelia Lansangan, Gail Brown, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Aida Catapang, Bob Goldman, Pat Davenport, Paulita Castro, Jean L. Alfano, Theresa Pham, Rainey Olson, Michele Otten, Pauline Goslovich, Mary Gonzales, Nick Sidjakov, Sandi Picconi, Margaret Keifer, Joan Cosgrove and Denise Ealy.

CHRISTMAS FLOWER DONATIONS IN MEMORY OF

<i>Lucia Florence Mahoney</i>	<i>Florence Seme</i>	<i>Jessica Celis</i>	<i>Tim & Lucille Mullany</i>
<i>Lucha Family</i>	<i>Motilliano Family</i>	<i>Ann Stella</i>	<i>Blair Stella</i>
<i>George & Chris Schirle</i>	<i>Walter Cotton</i>	<i>Clara Miller</i>	<i>Fulvia & Manilio Oregioni</i>
<i>William Avilla</i>	<i>Virginia Welchon</i>	<i>Bernie Welchon</i>	<i>Kyle Bailly</i>
<i>Rose, Henry & John Grant</i>	<i>Pasquale & Tina Bastoni</i>	<i>Steve Vinella</i>	<i>George, Margie & Corey Carda</i>
<i>Bill & Perina Pisenti, Sr.</i>	<i>Robert Moratto</i>	<i>Alice & Louis Moratto</i>	<i>Joseph Moratto</i>
<i>Irene & Joseph Paolini</i>	<i>Jerre Paolini</i>	<i>Judy Paolini</i>	<i>Ted & Thomas Patrick</i>
<i>Garica & Silva Families</i>	<i>Ed & MaryAnn Beltramini</i>	<i>Lee Devencenzi</i>	<i>Fran Gaggero</i>
<i>Alice Ludlow</i>	<i>Doonavic</i>	<i>Scott, Ann & Tom Webb</i>	<i>Mr. & Mrs. A.J. Helmke</i>



MY CATHOLIC FAITH

THE CIRCUMCISION OF THE LORD

~FROM THE PASTOR~

Today, January 1st, we take a look at three important events. First, on this date, before 1960, we (used to) celebrate the Feast of the Circumcision of the Lord. The requirement of circumcision in the Old Testament giving way, of course, to the requirement (for salvation) of Baptism in the New Testament. Next, we look at the current church calendar and celebrate the Solemnity of The Blessed Virgin Mary, Mother of God, with the purpose being to honor the role of Mary in the Mystery of Salvation. Finally, I'd like to take a look at a secular holiday, New Year's Day. The reason is, this day is well-known for people wanting to make a fresh start; for making a firm resolution to change some aspect of their lives. So, why not use this day to consider how we can become better Catholics? We all need a starting block, so to speak, so let us use today to make concrete changes in our lives that will make us the people that God wants us to be. I will offer some suggestions of my own that may be helpful.

~THE CIRCUMCISION OF THE LORD~

"On the eighth day after His Nativity, our Lord Jesus Christ was circumcised in accordance with the Old Testament Law. All male infants underwent circumcision as a sign of God's Covenant with the holy

Forefather Abraham and his descendants (Genesis 17:10-14, Leviticus 12:3). After this ritual the Divine Infant was given the name Jesus, as the Archangel Gabriel declared on the day of the Annunciation to the Most Holy Theotokos (Luke 1:31-33, 2:21). The Fathers of the Church explain that the Lord, the Creator of the Law, underwent circumcision in order to give people an example of how faithfully the divine ordinances ought to be fulfilled. The Lord was circumcised so that later no one would doubt that He had truly assumed human flesh, and that His Incarnation was not merely an illusion, as certain heretics (Docetists) taught.

~THE MYSTERY OF BAPTISM~

In the New Testament, the ritual of circumcision gave way to the Mystery of Baptism, which it prefigured (Colossians 2:11-12). Accounts of the Feast of the Circumcision of the Lord continue in the Eastern Church right up through the fourth century. The Canon of the Feast was written by St Stephen of the St Sava Monastery (October 28 and July 13).

~NAMING~

In addition to circumcision, which the Lord accepted as a sign of God's Covenant with mankind, He also received the Name Jesus (Savior) on the eighth day after His Nativity as an indication of His service, the

work of the salvation of the world (Matthew 1:21; Mark 9:38-39, 16:17; Luke 10:17; Acts 3:6, 16; Philip-
pians 2:9-10). These two events, the Lord's Circum-
cision and Naming, remind Christians that they have
entered into a New Covenant with God and "are cir-
cumcised with a circumcision made without hands,
in putting off the body of the sins of the flesh by the
circumcision of Christ" (Colossians 2:11). The very
name "Christian" is a sign of mankind's entrance
into a New Covenant with God." [https://oca.org/
news/headline-news/the-feast-of-the-circumcision-a-blessed-
new-year](https://oca.org/news/headline-news/the-feast-of-the-circumcision-a-blessed-new-year)

MARY, MOTHER OF GOD

~MOTHER OF GOD~

"Mary in cooperation with her Spouse, the Holy Spirit, became the mother of Jesus. Elizabeth asked, "Why should I be honored with a visit from the *mother of my Lord*?" Elizabeth described Mary as the "mother of my Lord" but our more common expression is *Mother of God*. Some people misunderstand the meaning of the title *Mother of God*. When we describe Mary as "Mother of God" we do not mean that Mary is the mother or source of the Trinity and we do not mean that Mary is the source of Jesus' soul or that his divinity came from Mary. Yet Christ was both human and divine in one person; he had both human nature and divine nature (see Col 2:9). He was not two separate persons but one person with two natures so therefore we can say that Mary was the Mother of God. It is the same with every mother here. Every mother here gave a body to her child but that child's soul came from God. Yet when we talk of someone being a child's mother we never specify or distinguish and say the mother is the mother of child's body but not of the child's soul. Likewise the child says, "Hello, mother" and does not say, "Hello, mother of my body." In the same way we call Mary the Mother of God because Jesus had human and divine nature in one person. Mary is even described as Mother of God in Scrip-
ture, in our Gospel today when Elizabeth asks, "Why should I be honored with a visit from the *mother of my Lord*?" And the word that Elizabeth uses for 'Lord' (κυριος) is a word that is used for 'God' in the New Testament so there can be no confusion. It is the same word that Jesus uses when he describes himself as 'Lord of the Sabbath.' (Mark 2:28)

Taken From: [http://www.frtommylane.com/
homilies/year_c/advent4.htm#Theotokos](http://www.frtommylane.com/homilies/year_c/advent4.htm#Theotokos)

NEW YEAR'S RESOLUTIONS

~RESOLUTIONS~

As I mentioned earlier, January 1st is a good time to resolve to become a better Catholic. Here are some suggestions to start the New Year off right.

~IMPURITY~

Resolve to stay away from impurity of any kind: This means certain movies (especially, of course, pornography), bad books or bad company. These things bring only suffering, shame and sin. The momentary pleasure that one may feel, is quickly gone and replaced by suffering. Don't even open that door an inch! Resolve to just stay away!

~CONFESSION~

Go to Confession at least once a month: Keep yourself on track! Even if you have not committed any mortal sins in the course of a month, remember that we all have venial sins that we habitually commit which often pave the way for mortal sins. Why not confess those and set a firm purpose of amendment work on those "trivial" sins that tend to wear us down over time?

~READ~

Read books on the Saints and about the Faith: The saints can give us so much inspiration as we struggle with the temptations of the world. In learning about their lives and struggles, we are helped along our own path. We must also know our Faith and know it well. How many times have we been stumped by a Protestant friend who seemed to know his faith (and the Bible) inside and out? Be able to explain and defend the Faith given to us by Jesus!

~JOY~

Be cheerful in your faith: There is a time for solemnity, such as during Mass or during private or public prayer. But, in your day to day life, show your gratitude and your happiness at having God in your life. People will notice your joy and may ask you what the source of that joy is! Evangelize!

~MODESTY~

Practice modesty in speech and dress: Remember, that our words and our bodies were created by God to give Him glory and praise. If we use coarse or blasphemous language or clothing designed to show off our bodies in a improper way, what are we saying to our fellow Christians who may be struggling mightily against the sin of impurity? Let us uplift one another rather than tempt one another!

MI FE CATOLICA

~DEL PASTOR~

~LA CIRCUNCISIÓN DEL SEÑOR~

Hoy, 1 de enero, recordamos tres acontecimientos importantes. En primer lugar, en esta fecha, antes de 1960, (solíamos) celebrar la Fiesta de la Circuncisión del Señor. El requisito de la circuncisión en el Antiguo Testamento dio paso, por supuesto, al requisito (para la salvación) del Bautismo en el Nuevo Testamento. A continuación, nos fijamos en el calendario actual de la Iglesia y celebramos la Solemnidad de la Bienaventurada Virgen María, Madre de Dios, con el propósito de honrar el papel de María en el misterio de la salvación. Por último, me gustaría echar un vistazo a una fiesta secular, el día de Año Nuevo. La razón es que este día es bien conocido por la gente que quiere empezar de nuevo; por hacer el firme propósito de cambiar algún aspecto de sus vidas. Así pues, ¿por qué no aprovechar este día para reflexionar sobre cómo podemos ser mejores católicos? Todos necesitamos un punto de partida, por así decirlo, así que aprovechemos el día de hoy para hacer cambios concretos en nuestras vidas que nos conviertan en las personas que Dios quiere que seamos. Voy a ofrecer algunas sugerencias propias que pueden ser útiles.

~LA CIRCUNCISIÓN DEL SEÑOR~

"El octavo día después de Su Natividad, nuestro Señor Jesucristo fue circuncidado de acuerdo con la Ley del Antiguo Testamento. Todos los niños varones se sometían a la circuncisión como signo de la Alianza de Dios con el santo Antepasado Abraham y sus descendientes (*Génesis 17:10-14, Levítico 12:3*). Después de este ritual, el Divino Infante recibió el nombre de Jesús, como declaró el Arcángel Gabriel el día de la Anunciación a la Santísima Theotokos (*Lucas 1:31-33, 2:21*). Los Padres de la Iglesia explican que el Señor, Creador de la Ley, se circuncidó para dar a los hombres un ejemplo de cómo deben cumplirse fielmente las ordenanzas divinas. El Señor se circuncidó para que después nadie dudara de que verdaderamente había asumido carne humana, y de que Su Encarnación no fue una mera ilusión, como enseñaban ciertos herejes (docetistas).

~EL MISTERIO DEL BAUTISMO~

En el Nuevo Testamento, el ritual de la circuncisión dio paso al Misterio del Bautismo, que prefiguraba (*Colosenses 2:11-12*). Los relatos de la Fiesta de la →

Circuncisión del Señor continúan en la Iglesia oriental hasta el siglo IV. El Canon de la Fiesta fue escrito por San Esteban del Monasterio de San Sava (28 de octubre y 13 de julio).

~NOMBRAMIENTO~

Además de la circuncisión, que el Señor aceptó como signo de la Alianza de Dios con la humanidad, también recibió el Nombre de Jesús (Salvador) el octavo día después de Su Natividad como indicación de Su servicio, la obra de la salvación del mundo (*Mateo 1:21; Marcos 9:38-39, 16:17; Lucas 10:17; Hechos 3:6, 16; Filipenses 2:9-10*). Estos dos acontecimientos, la Circuncisión del Señor y el Nombramiento, recuerdan a los cristianos que han entrado en una Nueva Alianza con Dios y que "están circuncidados con una circuncisión hecha sin manos, despojándose del cuerpo de los pecados de la carne mediante la circuncisión de Cristo" (*Colosenses 2:11*). El propio nombre de "cristiano" es un signo de la entrada de la humanidad en una Nueva Alianza con Dios".

MARIA, MADRE DE DIOS

~MADRE DE DIOS~

"María, en cooperación con su Esposo, el Espíritu Santo, se convirtió en la madre de Jesús. Isabel preguntó: "¿Por qué he de ser honrada con la visita de la madre de mi Señor?". Isabel describió a María como la "madre de mi Señor", pero nuestra expresión más común es Madre de Dios. Algunas personas malinterpretan el significado del título Madre de Dios. Cuando describimos a María como "Madre de Dios" no queremos decir que María sea la madre o la fuente de la Trinidad y no queremos decir que María sea la fuente del alma de Jesús o que su divinidad procediera de María. Sin embargo, Cristo era a la vez humano y divino en una sola persona; tenía naturaleza humana y naturaleza divina (*véase Col 2,9*). Él no era dos personas separadas, sino una persona con dos naturalezas, por lo que podemos decir que María era la Madre de Dios. Lo mismo ocurre con todas las madres. Cada madre aquí dio un cuerpo a su hijo pero el alma de ese niño vino de Dios. Sin embargo, cuando hablamos de alguien que es la madre de un niño nunca especificamos o distinguimos y decimos que la madre es la madre del cuerpo del niño pero no del alma del niño. Del mismo modo el niño dice: "Hola, madre" y no dice: "Hola, madre de mi cuerpo".

Del mismo modo, llamamos a María Madre de Dios porque Jesús tenía naturaleza humana y divina en una sola persona. A María se la describe incluso como Madre de Dios en las Escrituras, en nuestro Evangelio de hoy, cuando Isabel pregunta: "¿Por qué he de ser honrada con la visita de la madre de mi Señor?". Y la palabra que Isabel usa para 'Señor' (κύριος) es una palabra que se usa para 'Dios' en el Nuevo Testamento, así que no puede haber confusión. Es la misma palabra que usa Jesús cuando se describe a sí mismo como 'Señor del sábado'.

PROPÓSITOS DE AÑO NUEVO

~RESOLUCIONES~

Como he mencionado antes, el 1 de enero es un buen momento para proponerse ser mejor católico. He aquí algunas sugerencias para empezar bien el Año Nuevo.

~IMPURIDAD~

Resuelve mantenerte alejado de cualquier tipo de impureza: Esto significa ciertas películas (especialmente, por supuesto, la pornografía), malos libros o malas compañías. Estas cosas sólo traen sufrimiento, vergüenza y pecado. El placer momentáneo que uno puede sentir, desaparece rápidamente y es reemplazado por sufrimiento. No abras ni un milímetro esa puerta. *Resuélvete a mantenerte alejado.*

~CONFESIÓN~

Confíesate al menos una vez al mes: ¡Mantente en el buen camino! Aunque no hayas cometido ningún pecado mortal en el transcurso de un mes, recuerda que todos tenemos pecados veniales que cometemos habitualmente y que a menudo preparan el camino para los pecados mortales. ¿Por qué no confesarlos y fijarse un firme propósito de enmienda sobre esos pecados "triviales" que tienden a desgastarnos con el tiempo?

~LEER~

Lee libros sobre los santos y sobre la fe: Los santos pueden darnos mucha inspiración en nuestra lucha contra las tentaciones del mundo. Al conocer sus vidas y sus luchas, nos ayudan en nuestro propio camino. También debemos conocer nuestra fe y conocerla bien. ¿Cuántas veces nos hemos quedado perplejos ante un amigo protestante que parecía conocer su fe (y la Biblia) al dedillo? Seamos capaces de explicar y defender la Fe que nos dio Jesús.

~MODESTIA~

Practica la modestia al hablar y al vestir: Recuerde que todo lo que decimos, pensamos o hacemos se →

nota y, si no lo confesamos y no nos arrepentimos, se presentará contra nosotros en el Día del Juicio. Las palabras feas, las maldiciones, los juramentos y los chismes malintencionados no son propios de un cristiano. Resuélvete a refrenarte a ti mismo y a tus emociones si sientes que alguno de estos pecados aflora. También, recuerda que nuestros cuerpos fueron creados por Dios, para darle gloria y alabanza. Si usamos ropa ajustada, blusas escotadas, faldas cortas u otros artículos diseñados para mostrar nuestros cuerpos, ¿qué estamos diciendo a Dios y a nuestros compañeros cristianos que pueden estar luchando poderosamente contra el pecado de la impureza? ¿No nos estamos convirtiendo en una fuente de tentación para ellos? Los hombres a menudo comentan que las mujeres no tienen idea del impacto que tienen en un hombre cuando se visten inmodestamente, especialmente en la iglesia cuando un hombre está tratando de orar. Incumbe a las mujeres tratar de ayudar a sus hermanos en su búsqueda de la pureza y la salvación. Piénsalo de esta manera, si supiéramos que Jesús va a entrar físicamente por la puerta ahora mismo, ¿nos avergonzaría que Él viera cómo nos vemos? Si respondemos que sí, entonces debemos recordar que Él está físicamente presente en el Tabernáculo y que Él lo ve todo - dentro y fuera del edificio de la iglesia. Practicar la virtud de vestir modestamente es una señal de que pertenecemos a Él y que nos respetamos a nosotros mismos y a nuestros compañeros Cristianos.

~DISFRUTA~

Sé alegre en tu fe: Hay un tiempo para la solemnidad, como durante la Misa o durante la oración privada o pública. Pero, en tu día a día, muestra tu gratitud y tu alegría por tener a Dios en tu vida. La gente notará tu alegría y puede que te pregunten cuál es la fuente de esa alegría. ¡Evangeliza!

~ACEPTA EL PAQUETE COMPLETO~

El catolicismo se compone de dogmas y doctrinas que nos han sido dados por la Biblia, la Tradición y las enseñanzas del Magisterio. En esta época moderna, hay muchos estilos de vida y creencias que nos parecen tan normales, pero que están en oposición directa a las enseñanzas de la Iglesia y, por lo tanto, de Dios. Tómame un tiempo para leer el Catecismo y los sermones y dichos de los Santos y reza para que Jesús abra tu corazón para que puedas entender y aceptar las "enseñanzas duras" que quizás no aceptes ahora. Que 2023 sea el año en que digas: "¡Ahora estoy verdaderamente en plena comunión con todas las enseñanzas de la Iglesia!".

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