



The Cathedral of
ST. EUGENE

2323 Montgomery Drive
Santa Rosa, CA 95405
(707) 542-6984

PASTORAL STAFF

Rev. Frank Epperson, Rector
Rev. Alan Acevedo, Parochial Vicar
Rev. Jeffrey Keyes, In Residence
Deacon Mike Heinzelman
Deacon Gary Moore
Deacon Russ Bowden

TELEPHONE NUMBERS

Email Comments/Suggestions to:
cathedralresponse@gmail.com

Parish Office Phone	542-6984
Parish Office Fax	542-1621
Religious Education	326-3408
Finance Council – Marty McCormick	526-1700
Choir Directress – Pam Zieminski	578-8848
School Office	545-7252
Preschool Office – Sharry Caesare	528-9133
Homeschool Academy– Jessica Warner	206-5579

PARISH OFFICE HOURS

Monday – Friday – 9:00 a.m. to 4:00 p.m.
Entrance is located at SW corner of Rectory

WEBSITES

Parish: www.steugenes.com
School: www.steugenesch.org

REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.
Saturday: 8:00a.m; 4:30 p.m. & Sp.6:30 p. m.
Sunday: 7:30, 9:00 & 10:30 a.m.
12:00 noon and 5:30 p.m.
Tuesday Latin Mass: 5:30 p.m.
Sunday Latin Mass: 1:30 p.m.

CONFESSIONS

3:30 – 4:30 p.m. Saturday or by appointment

PERPETUAL ADORATION

Perpetual Adoration is in the Chapel of the Sacred Heart of Jesus. To sign up for your hour with our Lord, call Annette (English) at: 542-3635 or Maria Vega (Spanish) at: 710-5094

Benediction of the Most Blessed Sacrament is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

DEVOTIONS

Recitation of the Rosary is Monday – Saturday at 7:25 a.m. in the Cathedral

Chaplet of Divine Mercy is Saturday after the 8:00 a.m. Mass in the Cathedral

CATHEDRAL SHOPS

Cathedral Thrift Shop Hours: Tues & Wed. 9:30 am – 2:30 pm

Cathedral Books & Gifts Hours: Wed-Sat 8:30-4:30 & Sun 8:30-1:30, Closed Mon/Tues - Phone: 542-0250

TWENTY -SECOND SUNDAY IN ORDINARY TIME – AUGUST 28, 2022

PARISH CALENDAR

SUNDAY AUGUST 28

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00, 1:30 pm (Latin) & 5:30 pm
Coffee Social – Parish Life Center – 8am – 12:00 pm

MONDAY AUGUST 29

Morning Masses – Cathedral – 6:45 & 8:00 am
Respect Life Meeting – Parish Life Center – 3:30 pm

TUESDAY AUGUST 30

Morning Masses – Cathedral – 6:45 & 8:00 am
Women of the Word – PLC (Hope Rm) – 9:30 am
Latin Mass – Cathedral – 5:30 pm

WEDNESDAY AUGUST 31

Morning Masses – Cathedral – 6:45 & 8:00 am
Baptism Class – PLC (Charity Rm) – 5:00 pm
Outdoor Rosary – Fatima Grotto – 6:00 pm

THURSDAY SEPTEMBER 1

Morning Masses – Cathedral – 6:45 & 8:00 am

FRIDAY SEPTEMBER 2

Morning Masses – Cathedral – 6:45 & 8:00 am

SATURDAY SEPTEMBER 3

Morning Mass – Cathedral – 8:00 am
Confession – Cathedral – 3:30 – 4:30 pm
Sunday Vigil Masses – Cathedral – 4:30 pm
& 6:30 pm (Spanish)

LITTLE FLOWERS GIRLS' CLUB

~THE LITTLE FLOWERS~

The Little Flowers Girls' Club, for grades K-4, will begin meeting on Saturday, Sept. 17th, from 9:30-11:00 a.m. in the Parish Life Center, Charity Room. Meetings will take place on the third Saturday of each month. Learn Reg forms are available in the Parish Office and church vestibules. Deadline to register is Sept. 5. Early bird discount is \$10 off if you register by Aug. 31. *COST: Returning members – \$55; New members – \$50.*

~ST. VINCENT DE PAUL~

Our St. Vincent de Paul foodbank is now open Tuesdays, Wednesdays and Fridays. On Tuesday and Friday, from 10-11am and on Wednesday, from 1-2pm. It is located around the corner from our Gift Shop/Bookstore & next to our Thrift Shop. Please call 707-584-1579 for an appointment.

Hearing Aid Users, Switch to T-Coil

ADMINISTRATION

For the Week of: 8/14/22

Sunday Donations Received:	\$11,292.
----------------------------	-----------

<i>Second Collection: No Second Collection</i>	
--	--

~CATHEDRAL BOOKS & GIFTS~

September is the month dedicated to Our Lady of Sorrows. During September, all fine jewelry (sterling silver and gold/gold filled) is 25% off. Now is the time to save if you want that Miraculous Medal, or that special saint's medal. Come in and see us, we are here to serve you! (Please also take a look at our announcement below!) The shop is open Wed-Sat, 8:30-4:30 & Sun, 8:30 – 1:30 pm. (We stay open until 4:30 pm on the first Sunday of each month.) Call us at: (707) 542-0250.

SECOND COLLECTION INFORMATION

~TUITION ASSISTANCE PROGRAM~

This weekend, August 27&28, the Second Collection will be for the Tuition Assistance Program. Next weekend, September 3 & 4, the Second Collection will be for the Education and Welfare of our Seminarians. As always, thank you for your generosity!

ST. EUGENE'S SCHOOL NEWS

~PRE-SCHOOL ACCEPTING APPLICATIONS~

St. Eugene's Pre-school is now accepting applications for the 2022-2023 School Year. Children must be at least 2.9 years of age and fully potty trained. We offer both part time or full day schedules and offer a high-quality pre-school experience with lots of hands-on playing and learning. To learn more about our program please contact Sharry Caesare at (707) 528-9133 or email at caesares@steugenesch.org.

~VOLUNTEERS NEEDED~

Our Bookstore/Gift Shop is looking for a few volunteers with retail experience, who are customer-service oriented, self-starters (but willing to take direction) and able to work a minimum of 4 hours/week. Interested? Stop in the bookstore and an interview will be scheduled.

The bulletin submission deadline is Thursday @ 3:00pm for the Sunday after next bulletin. We reserve the right to edit or omit items. E-mail items to: office@steugenes.com.

MASS INTENTIONS

Saturday	August 27
8:00 am	Jason & Jasmin DeGuzman, living
4:30 pm	Lucy Villafuerte, deceased
6:30 pm (Sp)	Maria Mercedes Rodriguez, deceased
Sunday	August 28
7:30 am	Santa Rosa Fijian Catholic Community, living & deceased
9:00 am	Juliana Camarena & Family, living
10:30 am	John Biddle, deceased
12:00 pm	People of St. Eugene's
1:30 pm (EF)	Gustavo Sanchez-Barba, living
5:30 pm	Dolores M. Marapao, living
6:00 pm	Sister Mary Victoria, living Newman Ctr.
Monday	August 29
6:45 am	Richard de Leuze, deceased
8:00 am	Benjamin Mayo, deceased
Tuesday	August 30
6:45 am	Lisette Velasquez, deceased
8:00 am	Sofia Hervatin, deceased
5:30 pm (EF)	Michael Tran, living
Wednesday	August 31
6:45 am	Martin Joyce, deceased
8:00 am	George Carpenter, deceased
Thursday	September 1
6:45 am	Joseph Righetti, living
8:00 am	Monalisa Douglas, living
Friday	September 2
6:45 am	Bobby Ortmeier, living
8:00 am	Elizabeth M. Marapao, living
9:20 am (Sch)	Richard & Maria McCall, deceased
12:00 pm (Hosp)	Deacon Russ Bowden, living
7:00 pm (SP)	Olivia Espinoza de Torres, deceased
Saturday	September 3
8:00 am	In honor of and in reparation for the offenses against the Immaculate Heart of Mary & the Sacred Heart of Jesus and for the living & deceased members of the Russell & Rinaldi Families.
4:30 pm	Virginia M. de la Pena, living
6:30 (Sp)	Raul Sanchez Navarro

~PRAYING THE ROSARY~

St. Louis de Montfort noted: "When people pray the Rosary together, it is far more formidable to the devil than one praying privately, because with public prayer, it is an army that is attacking him!" Please pray with us **every Wednesday** at 6:00 pm at the Fatima Grotto by the east entrance and **every Mon-Sat, at 7:25 am**, in the Cathedral!

SPIRITUAL ACTIVITY

~RCIA CLASSES TO BEGIN IN SEPTEMBER~

Our Rite of Christian Initiation for Adults (RCIA) classes will begin on September 11th. Application "packets" are **available** in the church vestibules, the Parish Office, and the St. Eugene's Gift Shop/Bookstore.

~EVENING RETREAT~

St. Joseph Church is offering an Evening Retreat with Solemn Exposition of the Holy Eucharist (*and Recitation of the Rosary, Confessions heard in English & Spanish & Benediction*) on Friday, September 2, 2022, from 7:00pm - 8:00pm at 150 St Joseph Way, Cotati, CA 94931 Go to www.stjosemaria.info to learn more. The Spiritual Talk will be on: **Drawing the Power of Jesus into Our Lives.**

SAVE THE DATE

~SANTA ROSA CONGRESS~

On Saturday, September 24th, the Diocese of Santa Rosa will present a day of prayer and fellowship for all adults in the Diocese. This year's theme, "The Church and the Most Holy Eucharist". Register early, by September 14th, and have a guaranteed seat at the event. After the deadline and on the day of the event, it will be first come first serve when it comes to seating. To register, visit www.srdiocese.org or contact: Carmen Perez Aanenson, at: dre@srdiocese.org (707) 566-3366—*Featured speakers are:* Mark Brumley, Deacon Dance Farrell, Deacon Dave Gould, Rev. Raul Lemus, Rubén Quezada and Deacon Sergio Velazquez. There will be Ministries & Exhibitors showcasing Books & Gifts. · Coffee & doughnuts will be provided. · Lunch: You have the following choices · Bring your own lunch. · A food truck will be available and parked on campus. ·

SOCIAL EVENT

~KNIGHTS' ANNUAL BARBECUE~

The Knights of Columbus invite you to join them for their Annual Chicken BBQ on Sunday, September 18th, between 10:00 am and 1:00 pm. The menu includes: 1/2 a chicken, potato salad, corn on the cob and a cookie, all for \$18.00. It will be held outside under the School Lunch Pavilion. Take-out meals will be available. Ticket available in the Parish Office and Gift Shop/Bookstore.

~PLEASE PRAY FOR~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Sandy Torti Wilcox, Marjorie Miles, Amelia Lansangan, Gail Brown, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Aida Catapang, Bob Goldman, Pat Davenport, Joan Cosgrove, Paulita Castro, Jean L. Alfano, Theresa Pham, Rainey Olson, Michele Otten, Pauline Goslovich, Mary Gonzales and Nick Sidjakov.

MY CATHOLIC FAITH

FROM THE PASTOR

~FROM THE PASTOR~

The theme of our readings today is “humility.” Christians talk a lot about humility but how much do we really know about this virtue, theologically speaking, I mean. Saint Thomas notes: “It is **contrary to humility to aim at greater things through confiding in one's own powers**: but to aim at greater things through confidence in God's help, is not contrary to humility; especially since the more one subjects oneself to God, the more is one exalted in God's sight.” We will also look at what St. Thomas has to say about the link between modesty (a virtue sorely lacking today) and humility. As our Catechism teaches: “Modesty protects the intimate center of the person. It means refusing to unveil what should remain hidden.” Let's read on ...

ON MODESTY & HUMILITY

~ST. THOMAS AQUINAS~

1. Modesty is a virtue aligned with the virtue of temperance. Temperance regulates things difficult to control; immodesty regulates things not difficult to control.
2. Modesty has to do with matters interior and external; it has place in the soul and character of a man, and in what he does or manifests outwardly. Modesty appears in things that belong to the virtue of humility, to studiousness (that is, the right effort after knowledge), to external movements, and to attire.
1. The tendencies of a man (that is to say, his appetites) need two types of virtue for their just regulation: one to support them in weakness, one to moderate them when they are inordinately impulsive or strong. Humility is of the second type. It is the virtue which restrains a man lest he be immoderate in his striving to reach high goals.
2. Humility is in the appetitive order, not the knowing order. It is a moral virtue, a will-virtue, not an intellectual virtue.
3. Humility is not a pose. The humble man does not bow to all others as though they were in all respects superior to himself. But humility does honestly recognize that all good, all excellence, is in God, and that all creatural good comes from God.

Therefore, humility sees God in every fellowman, and bows to that which is divine.

4. Humility is a virtue allied with temperance through the medium of the virtue of modesty, which is a *part* of temperance.
5. So excellent and necessary a virtue is humility that its rank is first after the theological virtues, the intellectual virtues that regard reason itself, and the virtue of justice.
6. Humility is a moral virtue, not an intellectual one. But it does involve the knowledge that we are what we are, and are not to think more of ourselves than facts warrant. And back of the act of humility is reverence for God. The inward disposition of humility has outward manifestations which, in many instances, are expressive of modesty. Some writers, like St. Benedict in his Rule, enumerate degrees of humility according to inner disposition and outer sign. <http://www.catholictheology.info/summa-theologica/summa-part2B.php?q=185>

AN ESSENTIAL VIRTUE

~THE VIRTUE OF HUMILITY~

In giving the technical definition of the virtue of humility, the *Catholic Encyclopedia* writes, “Humility signifies lowliness or submissiveness and it is derived from the Latin *humilitas* or, as St. Thomas [Aquinas] says, from *humus*, i.e. the earth which is beneath us. As applied to persons and things it means that which is abject, ignoble, or of poor condition...Humility in a higher and ethical sense is that by which a man has a modest estimate of his own worth, and submits himself to others.”

~THE VIRTUE OF DEPENDANCE~

Essentially, humility is the virtue that restrains the movement of the mind towards some excellence, particularly restraining the mind from thinking one is greater than one truly is before God. Simply put, humility is the disposition to accept our impoverished dependence upon God. How does this work? Well, upon considering our defects, weaknesses, and countless errors, we ought to acquire a sense of something lacking in us: I'm not perfect! Yet we can go one of two ways with this: become prideful and pretend that this impoverishment isn't really the case, claiming that we're perfectly fine – or become humble, wherein we can accept this

impoverishment and subsequently give ourselves over to God. For we realize that we cannot help ourselves, neither in this life nor in our pursuit of Heavenly bliss, and so submit to His grace instead (the humble one also submits, for the sake of God, to the other authority figures that He has placed over one—Pope, local bishop, parish priest, spiritual director, confessor, parent, boss, coach, etc.). This realization serves as a pivotal movement towards faith because it removes the obstacle of pride that refuses to subject itself to God.

~KNOW THYSELF~

Given the nature of the virtue, it should strike us that humility requires an awful lot of honest self-awareness. St. Bernard of Clairvaux writes, “There is nothing more effective, more adapted to the acquiring of humility, than to find out the truth about oneself. There must be no dissimulation, no attempt at self-deception, but a facing up to one’s real self without flinching and turning aside. When a man thus takes stock of himself in the clear light of truth, he will discover that he lives in a region where likeness to God has been forfeited, and groaning from the depths of a misery to which he can no longer remain blind...How can he escape being genuinely humbled on acquiring this true self-knowledge, on seeing the burden of sin that he carries, the oppressive weight of his mortal body, the complexities of earthly cares, the corrupting influence of sensual desires; on seeing his blindness, his worldliness, his weakness, his embroilment in repeated errors; on seeing himself exposed to a thousand difficulties, defenseless before a thousand suspicions, worried by a thousand needs.” A thousand complexities, a thousand anxieties, a thousand difficulties, a thousand weaknesses...life is like walking a tightrope sometimes! The humble man has this knowledge of himself, though, which allows him to recognize his impoverishment and subsequently reach out to God.

~IMPERFECT & PERFECT HUMILITY~

From this self-knowledge, the saints see two stages of the virtue arise: imperfect humility stemming from a negative consideration and perfect humility from a positive. The negative consideration is of our sins and the way that they cut us off from the source of life. When we subsequently embrace humility, we do so only imperfectly because our humility pours forth from the realistic consideration of the self.

The positive consideration is then of greatness, the perfection of truth, beauty, and goodness that is God. Standing as nothing before this grandeur, how could this consideration bring anything but humility? When we embrace this humility, we do so perfectly because it pours forth from the realistic consideration firstly of God. However, although one be perfect and one imperfect, both stages are important in order to progress in the spiritual life. After all, the perfect passes through the imperfect. Upon humbly accepting the depravity of our sinful condition and/or the transcendence of God, we subsequently cry out to Him with childlike dependence. We put aside our own ideas and for once let our Father in Heaven take care of us as He sees fit. And take care of us He does, as He exalts the lowly with the knowledge of His infinite love and mercy. As Christ said to the pridefully “enlightened” who refused to do penance, “I confess to Thee, O Father, Lord of Heaven and earth, because Thou has hid these things from the wise and prudent, and hast revealed them to little ones” (Matthew 11:25; Luke 10:21, Douay-Rheims). To deny the impoverished sinful condition of ours that leads to humility is to deny the truth of the reality of our human condition. As the Apostle John wrote in his first letter, “If we say we have no sin, we deceive ourselves, and the truth is not in us” (1 John 1:8). Why else would we need a savior unless that which we need saving from is the unpayable debt of sin? Do we not petition the Lord in the *Our Father* to forgive us our trespasses? It is no secret or surprise to the humble one that in Christ’s declaration of the arrival of the Kingdom of God at the opening of His public ministry, the first imperative that He gave to us as our response was to *repent*. Thus the virtue of humility is to recognize and acknowledge the truth of who we are and where we stand in relation to God.

<https://sjvlaydivision.org/virtue-of-humility/> the Saint John Vianney Theological Seminary Lay Division offers online classes . Please check us out!

~MODESTY~

The Catechism of the Catholic Church: “Modesty protects the intimate center of the person. It means refusing to unveil what should remain hidden. It is ordered to chastity to whose sensitivity it bears witness. It guides how one looks at others and behaves toward them in conformity with the dignity of person and their solidarity. Modesty protects the mystery of persons and their love. It encourages patience and moderation in loving relationships; it requires that the conditions for the definitive giving and commitment of man and woman to one another be fulfilled. Modesty is decency. It inspires one’s choice of clothing. It keeps silence or reserve where there is evident risk of unhealthy curiosity. It is discreet” (#2521, 2522).

MI FE CATOLICA

DEL PASTOR

~DEL PÁRROCO~

El tema de nuestras lecturas de hoy es la "humildad". Los cristianos hablan mucho de la humildad, pero cuánto sabemos realmente de esta virtud, teológicamente hablando, quiero decir. Santo Tomás señala: "Es contrario a la humildad aspirar a cosas más grandes confiando en las propias fuerzas; pero aspirar a cosas más grandes confiando en la ayuda de Dios, no es contrario a la humildad; sobre todo porque cuanto más se somete uno a Dios, más se exalta a los ojos de Dios." También nos fijaremos en lo que dice Santo Tomás sobre el vínculo entre la modestia (una virtud que escasea hoy en día) y la humildad. Como enseña nuestro Catecismo "El pudor protege el centro íntimo de la persona. Significa negarse a desvelar lo que debe permanecer oculto". Sigamos leyendo...

SOBRE MODESTIA Y HUMILDAD

~ST. TOMÁS DE AQUINO~

1. La modestia es una virtud alineada con la virtud de la templanza. La templanza regula las cosas difíciles de controlar; la inmodestia regula las cosas no difíciles de controlar.

2. La modestia tiene que ver con las cosas interiores y exteriores; tiene lugar en el alma y el carácter del hombre, y en lo que hace o manifiesta exteriormente. La modestia se manifiesta en las cosas que pertenecen a la virtud de la humildad, en el estudio (es decir, en el esfuerzo correcto por el conocimiento), en los movimientos externos y en el atuendo.

1. Las tendencias del hombre (es decir, sus apetitos) necesitan dos tipos de virtudes para su justa regulación: una para sostenerlas en la debilidad, otra para moderarlas cuando son desmesuradamente impulsivas o fuertes. La humildad es del segundo tipo. Es la virtud que frena al hombre para que no sea inmoderado en su empeño por alcanzar altas metas.

2. La humildad es del orden apetitivo, no del orden del conocimiento. Es una virtud moral, una virtud de la voluntad, no una virtud intelectual.

3. La humildad no es una pose. El hombre humilde no se inclina ante todos los demás como si fueran superiores a él en todos los aspectos. Pero la humildad sí reconoce honestamente que todo el bien, toda la excelencia, está en Dios, y que todo el bien creatural viene de Dios.

Por lo tanto, la humildad ve a Dios en todo semejante, y se inclina ante lo que es divino.

4. La humildad es una virtud aliada de la templanza por medio de la virtud de la modestia, que es una parte de la templanza.

5. La humildad es una virtud tan excelente y necesaria que su rango es el primero después de las virtudes teológicas, las intelectuales que se refieren a la razón misma y la virtud de la justicia.

6. La humildad es una virtud moral, no intelectual. Pero implica el conocimiento de que somos lo que somos, y no debemos pensar en nosotros mismos más de lo que los hechos justifican. Y detrás del acto de humildad está la reverencia a Dios. La disposición interior de la humildad tiene manifestaciones exteriores que, en muchos casos, son expresivas de la modestia. Algunos autores, como San Benito en su Regla, enumeran los grados de humildad según la disposición interior y el signo exterior.

UNA VIRTUD ESENCIAL

LA VIRTUD DE LA HUMILDAD

Al dar la definición técnica de la virtud de la humildad, la Enciclopedia Católica escribe: "Humildad significa bajeza o sumisión y se deriva del latín humilitas o, como dice Santo Tomás [de Aquino], de humus, es decir, la tierra que está debajo de nosotros. Aplicado a las personas y a las cosas, significa lo que es abyecto, innoble o de mala condición... La humildad en un sentido más elevado y ético es aquella por la que un hombre tiene una estimación modesta de su propio valor, y se somete a los demás".

~LA VIRTUD DE LA DEPENDENCIA~

Esencialmente, la humildad es la virtud que refrena el movimiento de la mente hacia alguna excelencia, particularmente refrenando la mente de pensar que uno es más grande de lo que realmente es ante Dios. En pocas palabras, la humildad es la disposición a aceptar nuestra empobrecida dependencia de Dios. ¿Cómo funciona esto? Pues bien, al considerar nuestros defectos, debilidades e innumerables errores, deberíamos adquirir la sensación de que nos falta algo: ¡No soy perfecto! Sin embargo, podemos tomar uno de estos dos caminos: volvernos orgullosos y pretender que este empobrecimiento no es realmente el caso, afirmando que estamos perfectamente bien; o volvernos humildes, en lo que podemos aceptar esta *empobrecimiento y posteriormente nos entregamos a Dios. Porque nos damos cuenta de que no podemos ayudarnos a nosotros mismos, ni en esta vida*

empobrecimiento y posteriormente nos entregamos a Dios. Porque nos damos cuenta de que no podemos ayudarnos a nosotros mismos, ni en esta vida ni en nuestra búsqueda de la felicidad celestial, y por eso nos sometemos a su gracia (el humilde también se somete, por amor a Dios, a las demás figuras de autoridad que Él ha puesto sobre uno -Papa, obispo local, párroco, director espiritual, confesor, padre, jefe, entrenador, etc.). Esta toma de conciencia sirve de eje de movimiento hacia la fe, porque elimina el obstáculo del orgullo que se niega a someterse a Dios.

~CONOCERSE A SÍ MISMO~

Dada la naturaleza de la virtud, debería llamarnos la atención que la humildad requiera una gran cantidad de autoconciencia honesta. San Bernardo de Claraval escribe: "No hay nada más eficaz, más adecuado para adquirir la humildad, que descubrir la verdad sobre uno mismo. No debe haber ningún disimulo, ningún intento de autoengaño, sino enfrentarse a su verdadero yo sin acobardarse ni apartarse. Cuando un hombre se mire a sí mismo a la clara luz de la verdad, descubrirá que vive en una región en la que se ha perdido la semejanza con Dios, y que gime desde las profundidades de una miseria a la que ya no puede permanecer ciego... ¿Cómo puede evitar sentirse verdaderamente humillado al adquirir este verdadero conocimiento de sí mismo, al ver la carga de pecado que lleva, el peso opresivo de su cuerpo mortal, las complejidades de los cuidados terrenales, la influencia corruptora de los deseos sensuales; al ver su ceguera, su mundanidad, su debilidad, su enredo en repetidos errores; al verse expuesto a mil dificultades, indefenso ante mil sospechas, preocupado por mil necesidades? " Mil complejidades, mil angustias, mil dificultades, mil debilidades... ¡la vida es como caminar por la cuerda floja a veces! Sin embargo, el hombre humilde tiene ese conocimiento de sí mismo que le permite reconocer su empobrecimiento y, posteriormente, acudir a Dios.

CLASES DE BAUTISMO EN ESPAÑOL

Por favor, póngase en contacto con Osvaldo Guzmán al 707 478-9592.

**CALENDARIO
AGOSTO 28-SEPT. 2, 2022**

La Santa Misa en Español:

Sabados 6:30p.m..

Confesiones:

Sabados 3:00-4:30p.m.

Lunes: 29

Legion de Maria 5:00pm

Cursillos 6:30pm

Legion de Maria 7:00pm

Martes: 23

Misa en Latin 5:30 pm

Legion de Maria 6:00pm

Cursillos 6:30pm

Jueves: 25

Legion de Maria 5:30pm

Viernes: 26

Cursillos 6:30pm

Misa (Español) 7:00 pm

(Se celebra el primer viernes del mes)

ACTIVIDAD ESPIRITUAL

LAS CLASES DE RCIA COMENZARÁN EN SEPTIEMBRE~

Nuestras clases del Rito de Iniciación Cristiana para Adultos (RCIA) comenzarán el 11 de septiembre. Los "paquetes" de solicitud están disponibles en los vestíbulos de la iglesia, en la Oficina Parroquial y en la Tienda de Regalos/Librería de San Eugenio.

~RETIRO VESPERTINO~

La Iglesia de San José está ofreciendo un Retiro Vespertino con Exposición Solemne de la Sagrada Eucaristía (y Recitación del Rosario, Confesiones escuchadas en inglés y español y Bendición) el viernes, 2 de septiembre de 2022, de 7:00pm - 8:00pm en 150 St Joseph Way, Cotati, CA 94931 Ir a www.stjosemaria.info para aprender más. La charla espiritual será sobre: Atrayendo el poder de Jesús en nuestras vi-

Ganadores de la Rifa

Boleto #695471 (M. J. Ulloa)

Boleto #6558810

Ganadores por favor pasen por la oficina para recoger sus premios.

MCCORMICK & CO.



Homes and Loans

DRE #01915244 / NMLS #1285687
www.mccormickloans.com

Office: 707-526-1700
 100 E. Street, Ste. 101, Santa Rosa, CA 95404

"The miracle is not that we do this work, but that we are happy to do it" ~ Mother Teresa

James M. McCormick
 Realtor
 DRE #01841254
707-239-1829
 james@mccormickloans.com

Rory J. McCormick
 Associate Broker
 DRE #01901102
707-921-9316
 rory@mccormickloans.com

Martin B. McCormick
 Broker
 DRE #00766660 NMLS #351483
707-322-6369
 marty@mccormickloans.com

SAVE WITH OUR 4.5% LISTING COMMISSION!
PRIVATE MONEY INVESTMENTS OFFER EXCELLENT RETURNS!

DANIELS CHAPEL OF THE ROSES

Family Owned and Operated
 Since 1875

707.525.3730

danielschapeloftheroses.com



FD #209/CR #92 1225 Sonoma Avenue Santa Rosa



THOMAS P. KELLY III
 ATTORNEY AT LAW

50 OLD COURTHOUSE SQUARE
 SUITE 609
 SANTA ROSA, CA 95404-4926

707-545-8700

FAX 707-542-3371

TOMKELLY@SONIC.NET

WWW.REDWOODBANKRUPTCY.COM

FINDaPARISH.com

Check It Out Today!

*The Most Complete
 Online National
 Directory of
 Catholic Parishes*

Protecting **Seniors**
 Nationwide



Medical Alert System



\$29.95/MO. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

DIVINE FIJIANS HOME CARE



We provide
 compassionate,
 affordable,
 and bonded
 FIJIAN CARE GIVERS.



Divine Fijians Home Care

CALL NOW! 707.304.9179 OR 707.978.1457

koroitamanapoosa@gmail.com • 5515 Marit Dr. • Santa Rosa, CA 95409
 Find us online at: www.divinefijiancare.com

**Get this
 weekly bulletin
 delivered by
 email - for FREE!**

Sign up here:
www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



Take your
**FAITH
 ON A
 JOURNEY.**

Catholic Cruises and Tours (CST 2117990-70)

**Catholic Cruises and Tours
 and The Apostleship of the Sea
 of the United States of America**
 Catholic Cruises/Tours to Worldwide Destinations
 Call us today at 860-399-1785 or email
 eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

catholicmatch®
 California



CatholicMatch.com/myCA

Life Matters

For more information go to www.usccb.org/respectlife



If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

- ✓ Ambulance
 - ✓ Police
 - ✓ Fire
 - ✓ Friends/Family
- Solutions as Low as **\$19.95** a month
 FREE Shipping
 FREE Activation
 NO Long Term Contracts



CALL NOW! **800.809.3352**

GPS Tracking w/Fall Detection
 Nationwide, No Land Line Needed
 EASY Set-up, NO Contract
 24/7 365 Monitoring in the USA



AND ON THE
**EIGHTH
 DAY ...**

*GOD created
 caregivers!*
 Would you
 feel happier
 and healthier
 with some help
 at home? Call us!



AMADA SENIOR CARE 707-387-0733
 AmadaSonomaNapa.com

...providing excellent service and value since 1886.

LAFFERTY
 Colonial



SMITH
 Chapel

Se habla español

4321 Sonoma Highway • Santa Rosa • 707-539-2921 • FD 356



NORTH BAY BAVARIAN

We Specialize in California BMW and Mini

545-0820

www.Northbaybavarian.com

