



The Cathedral of
ST. EUGENE

2323 Montgomery Drive
Santa Rosa, CA 95405
(707) 542-6984

PASTORAL STAFF

Rev. Frank Epperson, Rector
Rev. Alan Acevedo, Parochial Vicar
Rev. Jeffrey Keyes, In Residence
Deacon Mike Heinzelman
Deacon Gary Moore
Deacon Russ Bowden

TELEPHONE NUMBERS

Email Comments/Suggestions to:
cathedralresponse@gmail.com

Parish Office Phone	542-6984
Parish Office Fax	542-1621
Religious Education	326-3408
Finance Council – Marty McCormick	526-1700
Choir Directress – Pam Zieminski	578-8848
School Office – Sharon Jeffrey	545-7252
Preschool Office – Sharry Caesare	528-9133
Homeschool Academy– Jessica Warner	206-5579

PARISH OFFICE HOURS

Monday – Friday – 9:00 a.m. to 4:00 p.m.
Entrance is located at SW corner of Rectory

WEBSITES

Parish: www.steugenes.com
School: www.steugenesch.org

REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.
Saturday: 8:00a.m; 4:30 p.m. & Sp.6:30 p. m.
Sunday: 7:30, 9:00 & 10:30 a.m.
12:00 noon and 5:30 p.m.
Tuesday Latin Mass: 5:30 p.m.
Sunday Latin Mass: 1:30 p.m.

CONFESSIONS

3:30 – 4:30 p.m. Saturday or by appointment

PERPETUAL ADORATION

Perpetual Adoration is in the Chapel of the Sacred Heart of Jesus. To sign up for your hour with our Lord, call Annette (English) at: 542-3635 or Maria Vega (Spanish) at: 710-5094

Benediction of the Most Blessed Sacrament is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

DEVOTIONS

Recitation of the Rosary is Monday – Saturday at 7:30 a.m. in the Cathedral

Chaplet of Divine Mercy is Saturday after the 8:00 a.m. Mass in the Cathedral

CATHEDRAL SHOPS

Cathedral Thrift Shop Hours: Tues & Wed. 9:30 am – 2:30 pm

Cathedral Books & Gifts Hours: Wed-Sat 8:30-4:30 & Sun 8:30-1:30, Closed Mon/Tues - Phone: 542-0250

PALM SUNDAY OF THE LORD'S PASSION – APRIL 10, 2022

PARISH CALENDAR

SUNDAY APRIL 10

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00, 1:30 pm (Latin) & 5:30 pm
Coffee Social – Parish Life Center – 8:00 am – 12:00 noon

MONDAY APRIL 11

Morning Masses – Cathedral – 6:45 & 8:00 am
Knights Video Series – Becker Center – 6:00 pm

TUESDAY APRIL 12

Morning Masses – Cathedral – 6:45 & 8:00 am
Women of the Word – PLC (Hope Rm) – 9:30 am
Latin Mass – Cathedral- 5:30 pm
Parish Penance Service – Cathedral – 7:00 pm

WEDNESDAY APRIL 13

Morning Masses – Cathedral – 6:45 & 8:00 am
Outdoor Rosary – Fatima Grotto – 6:00 pm

THURSDAY APRIL 14

Parish Office Closed for HOLY THURSDAY
Morning Prayer (Lauds) - Cathedral-8:00 am
Mass of the Lord's Supper – Cathedral – 7:00 pm;
Spanish Mass – Becker Ctr. – 7:30 pm
Night Prayer (Compline) – Cathedral – 11:30 pm
Eucharistic Adoration until midnight

FRIDAY APRIL 15

Day of Fast and Abstinence

Parish Office closed for GOOD FRIDAY
Morning Prayer (Lauds) - Cathedral – 8:00 am
Stations of the Cross & Devotions – Cathedral – 12:30 pm ;
Live Via Crucis (Spanish) - School Field – 1:00 pm;
3:00 pm Traditional Latin Liturgy (1962 Missal)
7:00 pm Liturgy (English/Bishop Vasa);
7:30 pm Liturgy (Spanish) - Becker Center

SATURDAY APRIL 16

Day of Fast and Abstinence until sundown

Tenebrae-Cathedral-6:00 am
Morning Prayer (Lauds) - Cathedral – 8:00 am
No Confessions scheduled
No 4:30 or 6:30 pm Masses on this day
Easter Vigil Mass w/Bishop Vasa – Cathedral – 7:00 pm

EASTER SUNDAY APRIL 17

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am w/Bishop Vasa, 12:00 pm, 1:30 pm (Latin). **There will be no ENGLISH Mass at 5:30 pm.;** Spanish Mass - Cathedral - 5:30 pm.

Hearing Aid Users, Switch to T-Coil

ADMINISTRATION

For the Week of: 03/27/22

Sunday Donations Received:	\$12,854.
2nd Collection : No Second Collection	N/A

~CATHEDRAL BOOKS & GIFTS~

April is a busy month: Holy Week, Easter, Baptisms, First Holy Communion, and Confirmations! During this month, our special is 25% off all Baptism, Communion, and Confirmation merchandise. This applies to *all* merchandise with specific wording or symbols specifying one of these sacraments. We only do this once a year, so stock up while you can! (This applies only to in-stock inventory. We cannot grant the same discounts to special orders.) Please tell your Spanish-speaking friends that we carry a good amount of merchandise in Spanish as well as having some bilingual employees. **HOLY WEEK SCHEDULE:** open as normal on Wednesday and Thursday, 8:30 am – 4:30 pm. Good Friday: open from 8:30 AM – 12:00 PM. **CLOSED ON HOLY SATURDAY AND EASTER SUNDAY.**

~ADORATION CHAPEL~

The Adoration Chapel will be closed from 6:00 pm on Holy Thursday until 7:00 am Easter Sunday.

~ICF FUNDRAISER DINNER~

The St. Eugene's Italian Catholic Federation (ICF) will hold a fundraiser dinner in the Becker Center, Brinker Room, on Saturday, May 7th. The menu includes salad, Chicken Cordon Bleu, rice, wine soda, water and dessert. Hosted cocktails begin at 5:30 pm and dinner begins at 6:00 pm. Only 100 tickets will be sold at \$20 per person. For a ticket, please call Doreen O'Rourke at 707-889-4726.

SECOND COLLECTION

~TUITION ASSISTANCE PROGRAM~

This weekend, April 9 & 10, our Second Collection is for our Tuition Assistance Program. On Good Friday, a collection will be taken up for the Holy Land. As always, thank you for your continued generosity!

~MOTHER'S DAY ENVELOPES~

Mother's Day envelopes are in your envelope packets and are on the vestibule tables. Please legibly print names of mothers, living and/or deceased, and return your envelope to the collection plate on the weekend of April 23 & 24, or to the Parish Office by noon, Friday, April 29, for publishing in the May 8th Mother's Day Sunday bulletin. Names submitted after that date will be published in future bulletins.

MASS INTENTIONS

Saturday	April 9
8:00 am	Phil Skikos, living
4:30 pm	George Schirle, deceased
6:30 (Sp)	Juana Maldonado, deceased
Sunday	April 10
7:30 am	Stephanie Buettner, deceased
9:00 am	Linda & Bill Pisenti, living
10:30 am	People of St. Eugene's
12:00 pm	Thomas P. Kelly, Jr., deceased
1:30 pm (EF)	Esperanza Palomares, deceased
5:30 pm	Daniel Moore, living
Monday	April 11
6:45 am	For the Priests & Ministries of St. Eugene's
8:00 am	Juliana Camarena & Family, living
Tuesday	April 12
6:45 am	Therese Haberkorn-Lawton, deceased
8:00 am	John LaForge, deceased
5:30 pm (EF)	Lisa Tran, living
Wednesday	April 13
6:45 am	David Adams, deceased
8:00 am	George Skikos, deceased
Thursday	April 14
8:00 am	No Mass – Morning Prayer
7:00 pm	Bishop's Intention
7:30 pm (Sp) Becker Center	Priest's Intention
Friday	April 15
8:00 am	No Mass – Morning Prayer
3:00 pm (Latin)	Liturgical Service
7:00 pm w/ Bishop Vasa	Liturgical Service
7:30 pm – (Sp) Becker Center	Liturgical Service
Saturday	April 16
6:00 am	No Mass – Tenebrae
8:00 am	No Mass – Morning Prayer
7:00 pm Easter Vigil w/Bishop	Bishop's Intention

~PLEASE PRAY FOR~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Sandy Torti Wilcox, Marjorie Miles, Amelia Lansangan, Gail Brown, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Thomas Patrick, Aida Cata-pang, Bob Goldman, Pat Davenport, Joan Cosgrove, Paulita Castro, Jean L. Alfano, Theresa Pham, Rainey Olson, Michele Otten, Pauline Goslovich, Mary Gonzales and Nick Sidjakov.

SPIRITUAL ACTIVITY

~GOOD FRIDAY SERVICES~

You may have noticed that Good Friday has several scheduled liturgies. Please read the following so that you may choose the one you would like to attend.

12:30 pm – Good Friday Devotions: Dn. Michael Heinzelman will preside. The devotions are as follows: Stations of the Cross, The Seven Last Words and Recitation of Day 1 of the Divine Mercy Novena.

1:00 pm – Live Spanish presentation of the Via Crucis in the school sports field located behind the school.

3:00 pm Good Friday Liturgy (Latin/Extraordinary Form): Fr. Jeffrey Keyes will preside over this Traditional Good Friday Service as per the 1962 Missal.

7:00 p.m. Good Friday Liturgy (English/Ordinary Form): Bishop Vasa will preside. "The Passion of the Lord" - we begin with the Liturgy of the Word, followed by the Adoration of the Holy Cross and Holy Communion.

7:30 p.m. Liturgia en Español - Msgr. Becker Center.

~PARISH PENANCE SERVICE~

Please come to the Cathedral this Tuesday, April 12, at 7:00 pm for individual Confessions to be heard. If you have not yet done so, this would be your last opportunity to complete an important part of your Easter duty. **Please note that we will not have Confession time scheduled on Good Friday or Holy Saturday.**

~TENEBRAE~

Join us on **Holy Saturday Morning at 6:00 a.m.** in the Cathedral for Tenebrae. Tenebrae, Latin for 'darkness', is an ancient prayer of the Church offered in the darkness of early morning. The meaning of the ceremony helps us understand that the glory of the Son of God was obscured and, so to say, eclipsed, by the ignominies He endured during His Passion.

SOCIAL ACTIVITY

~KNIGHTS OF COLUMBUS VIDEO SERIES~

What does it mean to be a man today? I think most of us have asked ourselves this question. We all want to lead fuller and more purposeful lives - to be better men, better husbands and better fathers - but sometimes it can be difficult to know how. The Knights of Columbus is hosting a 12-part video discussion series, "Into The Breach". Please join us for food, fraternity, and prayer as we discuss "Leadership", Monday, April 11th, at 6:00PM in the Becker Center. Open to all Catholic Men 18 years and older.

The bulletin item deadline is Thursday @ 3:00pm for the Sunday after next bulletin. E-mail items to: office@steugenes.com. We reserve the right to edit or omit items.

MY CATHOLIC FAITH

CHRIST AND SUFFERING

~FROM THE PASTOR ~

We human beings are very fickle. This is never more apparent than in the readings for Palm Sunday and Holy Week. Within the course of a few days, Jesus goes from being hailed as a hero by the crowds in Jerusalem to being condemned as a criminal. The lesson to be learned here is, follow God and His Church, not the crowds of the world! The world is fickle; God is steadfast. Novelty changes; Truth never changes. Jesus is our Rock. If we cling to Him, we can expect to suffer like Him. Our articles today will focus on this—the suffering that Christ underwent for us and the suffering that is entailed in being a disciple of Christ. Remain steadfast in the Truth and He will be by your side every step of the way.

ARTICLE #1 ... PALM SUNDAY

~IT IS EASY ... ~

“Who would have thought that the crowd which welcomed Jesus with such enthusiasm during his entry into Jerusalem would turn against him so quickly within days and demand his crucifixion and the release of Barabbas who had been condemned for murder? Their welcome and shouts for Jesus were superficial. Their support for him was only skin deep. It was easy to be part of a crowd that welcomed Jesus and it was easy to be part of a crowd that condemned him to death. It is easy to be part of the crowd that receives First Holy Communion. It is easy to be part of the crowd that receives Confirmation. How many of that crowd come to meet Jesus every Sunday? It is easy to be part of the crowd that puts on an impressive display for a funeral or wedding or a baptism. How many of that crowd come to meet Jesus on Sunday? It is easy to be part of the crowd. But in the account of the Passion, the crowd was not there for Jesus when he needed them most. The crowd did not go to the cross. The crowd abandoned Jesus. Only a few women and John went to the cross. So much for the crowd!”

~OUR SINS~

“The Passion of Jesus moves us because it is we who have inflicted this suffering on Jesus. It is not just the chief priests and it was not just the cruel Roman soldiers who brought this suffering on Jesus; it was our sins that inflicted this suffering on Jesus. There is no past, present or future for Jesus, he is outside of time. Remember the Jubilee motto, “Jesus Christ, the same yesterday, today and forever (Heb. 13:8) and when we sin, we crucify Jesus. We nail him again. So then the account of the Passion of Jesus moves us to flee from sin, to leave sin behind. That is why we receive the Sacrament of Reconciliation during Holy Week. The Passion of Jesus shows us

up for what we are—sinners who have crucified Jesus—and in the Sacrament of Reconciliation we turn to Jesus again and ask for his mercy. And through the Passion of Jesus, we receive forgiveness, “Through his wounds we are healed.” (Is. 53:5)” By: Fr. Tommy Lane, http://www.frtommylane.com/homilies/year_c/palm_sunday.htm

ARTICLE #2 ... SUFFERING

~HE ENTERED OUR BROKEN WORLD~

“When the Second Person of the Trinity took on human nature, he entered into a suffering and broken world brought about by the sinfulness of Adam, Eve and all mankind. He did so in order to show us the infinite depths of the Father’s love, to heal us and raise us up to newness of life through the sacraments he instituted. He also did so with the purpose of giving meaning to the sufferings we endure. Jesus, that is, God himself, did not exempt himself from entering into the hell of human suffering. He humbled himself to be rejected by the innkeeper, to be born in a barn full of animals and placed in the feeding trough of those animals.”

~THE RISE & FALL OF MANY~

“... In his infancy, Jesus had to rely on Joseph to flee from the tyrannical King Herod, who sought to slaughter the newborn king of the Jews. Throughout his public ministry, he suffered on many occasions. He suffered from temptation, rejection, scorn, ridicule - even from those within his own circle of friends. He suffered the sorrow of losing his friend Lazarus. He suffered at the unjust arrest, imprisonment and murder of his cousin, John the Baptist. He suffered betrayal by Judas and denial by Peter. Throughout his public ministry, he spoke of his forthcoming suffering: “The Son of Man must suffer greatly and be rejected...and be killed and on the third day be raised” (Luke 9:22). And again: “Behold, we are going up to Jerusalem and everything written by the prophets about the Son of Man will be fulfilled. He will be handed over to the Gentiles and he will be mocked and insulted and spat upon; and after they have scourged him they will kill him, but on the third day he will rise” (Luke 18:31-33).

~VICTORY OVER DEATH~

“However, Jesus healed and raised people from the dead to show that suffering and death will not have the last word, so much so that St. Paul will one day say, “Death is swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting?” (1 Corinthians 15:54-55). ... Jesus also taught us that suffering is part of the demands of discipleship. “If anyone wishes to come after me, he must deny himself and take up his

cross daily and follow me" (Luke 9:23). ... The definitive suffering of Christ began in the upper room and ended on Calvary."

~SUFFERING LOVE~

"If we want to find the meaning of suffering, we should only look upon the cross. The cross is where we are shown in a perfect way how much God loves us. He loves us with a self-sacrificial, suffering love. In our own suffering, Christ allows us to share in the deepest sign of his love. He has infused suffering with divine meaning, not human meaninglessness. Human suffering is thus redeemed. Through our suffering, we participate in the sacrifice of Christ, which brings about our salvation and the salvation of others. And it is only through the cross that we are led to the resurrection, there is no Easter Sunday without Good Friday. So, why do people suffer? Suffering can be a result of sin. Of this there is no doubt. Suffering can also serve as a way of testing and purification. For the complete article by Brian Pizzalato, go to: <https://www.catholicnewsagency.com/resources/sacraments/anointing-of-the-sick/christ-gives-meaning-to-suffering>

ARTICLE #3 ... THE CRUCIFIXION

~A MEDICAL VIEW OF CHRIST'S SUFFERING~

"The physical trauma of Christ begins in Gethsemane with one of the initial aspects of His suffering - the bloody sweat. ... Though very rare, the phenomenon of hemathidrosis, or bloody sweat, is well documented. Under great emotional stress, tiny tiny capillaries in the sweat glands can't break, thus mixing blood with sweat. This process alone could have produced marked weakness and possible shock. Preparations for the scourging are carried out. The prisoner is stripped of His clothing and His hands tied to a post above His head. The Roman legionnaire steps forward with the flagrum in his hand. This is a short whip consisting of several heavy, leather thongs with two small balls of lead attached to the ends of each. The heavy whip is brought down with full force again and again across Jesus' shoulders, back and legs. At first the heavy thongs cut through the skin only. Then, as the blows continue, they cut deeper into subcutaneous tissues, producing first an oozing of blood from the capillaries and veins of the skin, and finally spurting arterial bleeding from vessels in the underlying muscles. The small balls of lead first produce large, deep bruises which are broken open by subsequent blows. ... A small bundle of flexible branches covered with long thorns is pressed into His scalp. Again there is copious bleeding (the scalp being one of the most vascular areas in the body). After mocking Him and striking Him across the face, the soldiers take the stick from His hand and strike Him across the head, driving the thorns deeper into His scalp. ... The heavy beam of the cross is then tied across

His shoulders, and the procession of the condemned Christ, two thieves and the execution detail, begins its slow journey, The weight of the heavy wooden beam, together with the shock produced by copious blood loss, is too much. He stumbles and falls. The rough wood of the beam gouges into the lacerated skin and muscles of the shoulders. He tries to rise, but human muscles have been pushed beyond their endurance. ... At Golgotha, the beam is placed on the ground and Jesus is quickly thrown backward with His shoulders against the wood. The legionnaire feels for the depression at the front of the wrist. He drives a heavy, square, wrought-iron nail through the wrist and deep into the wood. ... The left foot is pressed backward against the right foot, and with both feet extended, toes down, a nail is driven through the arch of each. As he pushes Himself upward to avoid the stretching torment, He places His full weight on the nail through His feet. Again there is the searing agony of the nail tearing through the nerves between the metatarsal bones through the feet. As the arms fatigue, great waves of cramps sweep over the muscles, knotting them in deep, relentless, throbbing pain. With these cramps comes the inability to push Himself upward. Hanging by His arms, the pectoral muscles are unable to act. Air can be drawn into the lungs, but cannot be exhaled. Jesus fights to raise Himself in order to get even one short breath. Finally, carbon dioxide builds up in the lungs and in the blood stream and the cramps partially subside. Spasmodically, He is able to push Himself upward to exhale and bring in the life-giving oxygen. Hours of this limitless pain, cycles of twisting, joint rending cramps, intermittent partial asphyxiation, searing pain as tissue is torn from His lacerated back as He moves up and down against the rough timber. Then another agony begins. A deep crushing pain deep in the chest as the pericardium slowly fills with serum and begins to compress the heart. The compressed heart is struggling to pump heavy, thick, sluggish blood into the tissues - the tortured lungs are making a frantic effort to gasp in small gulps of air. The markedly dehydrated tissues send their flood of stimuli to the brain. Jesus gasps, "I thirst." He can feel the chill of death creeping through His tissues. With one last surge of strength, He once again presses His torn feet against the nail, straightens His legs, takes a deeper breath, and utters His seventh and last cry, "Father, into thy hands I commit my spirit." For the complete article, go to: <https://www.sdrock.com/uploads/docs/archive/medicalcrucifixion.pdf>

~SAINTLY QUOTE~

"The road is narrow. He who wishes to travel it more easily must cast off all things and use the cross as his cane. In other words, he must be truly resolved to suffer willingly for the love of God in all things." - St. John of the Cross

MI FE CATOLICA

CRISTO Y EL SUFRIMIENTO

~DEL PASTOR~

Los seres humanos somos muy volubles. Esto nunca es más evidente que en las lecturas del Domingo de Ramos y la Semana Santa. En el transcurso de unos pocos días, Jesús pasa de ser aclamado como un héroe por la multitud en Jerusalén a ser condenado como un criminal. La lección que se debe aprender aquí es seguir a Dios y a Su Iglesia, ¡no a las multitudes del mundo! El mundo es voluble; Dios es firme. Cambios de novedad; La verdad nunca cambia. Jesús es nuestra Roca. Si nos aferramos a Él, podemos esperar sufrir como Él. Nuestros artículos de hoy se centrarán en esto: el sufrimiento que Cristo sufrió por nosotros y el sufrimiento que implica ser un discípulo de Cristo. Permanece firme en la Verdad y Él estará a tu lado en cada paso del camino.

ARTÍCULO #1... DOMINGO DE RAMOS

~ES FÁCIL...~

“¿Quién hubiera pensado que la multitud que acogió a Jesús con tanto entusiasmo durante su entrada en Jerusalén se volvería contra él tan rápidamente en cuestión de días y exigiría su crucifixión y la liberación de Barrabás, que había sido condenado por asesinato? Su bienvenida y gritos a Jesús fueron superficiales. Su apoyo para él era sólo superficial. Era fácil ser parte de una multitud que acogía a Jesús y era fácil ser parte de una multitud que lo condenaba a muerte. Es fácil ser parte de la multitud que recibe la Primera Comunión. Es fácil ser parte de la multitud que recibe la Confirmación. ¿Cuántos de esa multitud vienen a encontrarse con Jesús todos los domingos? Es fácil ser parte de la multitud que realiza una exhibición impresionante para un funeral, una boda o un bautizo. ¿Cuántos de esa multitud vienen a encontrarse con Jesús el domingo? Es fácil ser parte de la multitud. Pero en el relato de la Pasión, la multitud no estuvo ahí para Jesús cuando más los necesitaba. La multitud no fue a la cruz. La multitud abandonó a Jesús. Sólo unas pocas mujeres y Juan fueron a la cruz. ¡Tanto para la multitud!”

~NUESTROS PECADOS~

“La Pasión de Jesús nos conmueve porque somos nosotros los que hemos infligido este sufrimiento a Jesús. No son solo los principales sacerdotes y no fueron solo los crueles soldados romanos quienes trajeron este sufrimiento sobre Jesús; fueron nuestros pecados los que infligieron este sufrimiento a Jesús. No hay pasado, presente o futuro para Jesús, está fuera del tiempo. Recuerde el lema del Jubileo, “Jesucristo, el mismo ayer, hoy y por los siglos (Heb. 13:8) y cuando pecamos, crucificamos a Jesús. Lo clavamos de nuevo. Entonces, el relato de la Pasión de Jesús nos mueve a huir del pecado, a dejar el pecado atrás.

Por eso recibimos el Sacramento de la Reconciliación durante la Semana Santa. La Pasión de Jesús nos muestra como levantados por lo que somos, pecadores que hemos crucificado a Jesús, y en el Sacramento de la Reconciliación nos volvemos a Jesús y le pedimos su misericordia. Y a través de la Pasión de Jesús, recibimos el perdón, “a través de sus heridas somos curados”. (Is. 53, 5)”

ARTÍCULO #2... SUFRIMIENTO

~ÉL ENTRÓ EN NUESTRO MUNDO ROTO~

“Cuando la Segunda Persona de la Trinidad asumió la naturaleza humana, entró en un mundo sufriendo y quebrantado provocado por la pecaminosidad de Adán, Eva y toda la humanidad. Lo hizo para mostrarnos la profundidad infinita del amor del Padre, para sanarnos y resucitarnos a una vida nueva a través de los sacramentos que instituyó. También lo hizo con el propósito de dar sentido a los sufrimientos que padecemos. Jesús, es decir, Dios mismo, no se eximió de entrar en el infierno del sufrimiento humano. Se humilló a sí mismo para ser rechazado por el mesonero, para nacer en un establo lleno de animales y colocado en el comedero de esos animales”.

~ EL AUGE Y LA CAÍDA DE MUCHOS ~

“... En su infancia, Jesús tuvo que confiar en José para huir del tiránico rey Herodes, que buscaba matar al recién nacido rey de los judíos. A lo largo de su ministerio público, sufrió en muchas ocasiones. Sufrió la tentación, el rechazo, el desprecio, el ridículo, incluso de aquellos dentro de su propio círculo de amigos. Sufrió el dolor de perder a su amigo Lázaro. Sufrió por el injusto arresto, encarcelamiento y asesinato de su primo, Juan el Bautista. Sufrió la traición de Judas y la negación de Pedro. A lo largo de su ministerio público, habló de su sufrimiento venidero: “Es necesario que el Hijo del hombre padezca mucho y sea desechado... y sea muerto y resucite al tercer día” (Lucas 9:22). Y otra vez: “He aquí que subimos a Jerusalén y se cumplirá todo lo escrito por los profetas acerca del Hijo del Hombre. Será entregado a los gentiles y será burlado, insultado y escupido; y después que lo hayan azotado, lo matarán, pero al tercer día resucitará” (Lucas 18:31-33).

~VICTORIA SOBRE LA MUERTE~

“Sin embargo, Jesús sanó y resucitó a personas de entre los muertos para mostrar que el sufrimiento y la muerte no tendrán la última palabra, tanto que San Pablo un día dirá: “La muerte es tragada en victoria. ¿Dónde, oh muerte, está tu victoria? ¿Dónde está, oh muerte, tu aguijón? (1 Corintios 15:54-55). ... Jesús también nos enseñó que el sufrimiento es parte de las exigencias del discipulado. “Si alguno quiere venir en pos de mí, debe negarse a sí mismo y tomar su cruz cada día y sígueme” (Lucas 9:23). ...

El sufrimiento definitivo de Cristo comenzó en el aposento alto y terminó en el Calvario”.

~AMOR QUE SUFRE~

“Si queremos encontrar el sentido del sufrimiento, sólo debemos mirar la cruz. La cruz es donde se nos muestra de manera perfecta cuánto nos ama Dios. Él nos ama con un amor abnegado y sufriente. En nuestro propio sufrimiento, Cristo nos hace partícipes del signo más profundo de su amor. Ha infundido sufrimiento con significado divino, no sin sentido humano. El sufrimiento humano es así redimido. A través de nuestro sufrimiento, participamos del sacrificio de Cristo, que realiza nuestra salvación y la salvación de los demás. Y es sólo a través de la cruz que somos conducidos a la resurrección, no hay Domingo de Pascua sin Viernes Santo. Entonces, ¿por qué sufre la gente? El sufrimiento puede ser el resultado del pecado. De esto no hay duda. El sufrimiento también puede servir como una forma de prueba y purificación.

ARTÍCULO #3... LA CRUCIFIXIÓN

~ UNA VISIÓN MÉDICA DE EL SUFRIMIENTO DE CRISTO ~

“El trauma físico de Cristo comienza en Getsemaní con uno de los aspectos iniciales de Su sufrimiento: el sudor de sangre. ... Aunque es muy raro, el fenómeno de la hemahidrosis o sudor sanguinolento está bien documentado. Bajo una gran tensión emocional, los diminutos capilares de las glándulas sudoríparas no pueden romperse, por lo que la sangre se mezcla con el sudor. Este proceso por sí solo podría haber producido una marcada debilidad y un posible shock. Se llevan a cabo los preparativos para la flagelación. El prisionero es despojado de Su ropa y Sus manos atadas a un poste sobre Su cabeza. El legionario romano avanza con el flagelo en la mano. Este es un látigo corto que consta de varias correas de cuero pesadas con dos pequeñas bolas de plomo unidas a los extremos de cada una. El pesado látigo es derribado con toda su fuerza una y otra vez sobre los hombros, la espalda y las piernas de Jesús. Al principio, las pesadas correas solo cortaban la piel. Luego, a medida que continúan los golpes, cortan más profundamente los tejidos subcutáneos, produciendo primero un derramamiento de sangre de los capilares y las venas de la piel y, finalmente, una hemorragia arterial de los vasos de los músculos subyacentes. Las pequeñas bolas de plomo producen primero hematomas grandes y profundos que se abren con golpes posteriores. ... Un pequeño manojito de ramas flexibles cubiertas de largas espinas se presiona en Su cuero cabelludo. Nuevamente hay sangrado abundante (el cuero cabelludo es una de las áreas más vascularizadas del cuerpo). Después de burlarse de Él y golpearlo en la cara, los soldados toman el palo de Su mano y lo golpean en la cabeza, clavando las espinas más profundamente en Su cuero cabelludo. ... La pesada viga de la cruz se ata a través de sus hombros, y la procesión del Cristo condenado, dos ladrones y el pelotón de fusilamiento, inicia su lento recorrido.

El peso de la pesada viga de madera, unido al choque producido por la copiosa pérdida de sangre, es demasiado. Tropezada y cae. La madera áspera de la viga se clava en la piel lacerada y los músculos de los hombros. Intenta levantarse, pero los músculos humanos han sido forzados más allá de su resistencia. ... En el Gólgota, la viga se coloca en el suelo y Jesús rápidamente es arrojado hacia atrás con los hombros contra la madera. El legionario palpa la depresión en la parte delantera de la muñeca. Clava un pesado clavo cuadrado de hierro forjado a través de la muñeca y lo clava profundamente en la madera. ... El pie izquierdo se presiona hacia atrás contra el pie derecho, y con ambos pies extendidos, con los dedos hacia abajo, se clava un clavo a través del arco de cada uno. Mientras se empuja hacia arriba para evitar el tormento del estiramiento, coloca todo su peso sobre el clavo que atraviesa sus pies. Nuevamente está la agonía abrasadora del clavo que rasga los nervios entre los huesos metatarsianos a través de los pies. A medida que los brazos se fatigan, grandes oleadas de calambres recorren los músculos, anudándolos con un dolor profundo, implacable y palpitante. Con estos calambres viene la incapacidad de impulsarse hacia arriba. Colgados de Sus brazos, los músculos pectorales son incapaces de actuar. El aire puede ingresar a los pulmones, pero no puede exhalarse. Jesús lucha por levantarse para conseguir aunque sea un breve respiro. Finalmente, el dióxido de carbono se acumula en los pulmones y en el torrente sanguíneo y los calambres desaparecen parcialmente. Espasmódicamente, Él es capaz de impulsarse hacia arriba para exhalar y traer el oxígeno que da vida. Horas de este dolor ilimitado, ciclos de torsión, calambres que desgarran las articulaciones, asfixia parcial intermitente, dolor punzante cuando el tejido es arrancado de Su espalda lacerada mientras se mueve hacia arriba y hacia abajo contra la madera áspera. Entonces comienza otra agonía. Un dolor profundo y aplastante en el pecho a medida que el pericardio se llena lentamente de suero y comienza a comprimir el corazón. El corazón comprimido está luchando para bombear sangre pesada, espesa y lenta a los tejidos; los pulmones torturados están haciendo un esfuerzo frenético para jadear en pequeñas bocanadas de aire. Los tejidos marcadamente deshidratados envían su torrente de estímulos al cerebro. Jesús jadea: "Tengo sed". Puede sentir el escalofrío de la muerte arrastrándose por Sus tejidos. Con una última oleada de fuerza, presiona una vez más Sus pies desgarrados contra el clavo, endereza Sus piernas, respira más hondo y pronuncia Su séptimo y último clamor: "Padre, en tus manos encomiendo mi espíritu".

~CITA SANTA~

“El camino es angosto. El que quiera recorrerlo más fácilmente debe desechar todas las cosas y usar la cruz como su bastón. En otras palabras, debe estar verdaderamente resuelto a sufrir voluntariamente por el amor de Dios en todas las cosas”. – San Juan de la Cruz

MCCORMICK & CO.



Homes and Loans

DRE #01915244 / NMLS #1285687
www.mccormickloans.com

Office: 707-526-1700
 100 E. Street, Ste. 101, Santa Rosa, CA 95404

"The miracle is not that we do this work,
 but that we are happy to do it" ~ Mother Teresa

James M. McCormick
 Realtor
 DRE #01841254
707-239-1829
james@mccormickloans.com

Rory J. McCormick
 Associate Broker
 DRE #01901102
707-921-9316
rory@mccormickloans.com

Martin B. McCormick
 Broker
 DRE #00766660 NMLS #351483
707-322-6369
marty@mccormickloans.com

SAVE WITH OUR 4.5% LISTING COMMISSION!
PRIVATE MONEY INVESTMENTS OFFER EXCELLENT RETURNS!

DANIELS CHAPEL OF THE ROSES

Family Owned and Operated Since 1875
 Funeral Home & Crematory
 Onsite Cremation



FD #209/CR #92 1225 Sonoma Avenue Santa Rosa



THOMAS P. KELLY III
 ATTORNEY AT LAW

50 OLD COURTHOUSE SQUARE
 SUITE 609
 SANTA ROSA, CA 95404-4926

707-545-8700
 FAX 707-542-3371

TOMKELLY@SONIC.NET

WWW.REDWOODBANKRUPTCY.COM

Conneely Family

CREMATION & FUNERAL SERVICES

Cremation Options Starting at \$1,095.00
 Most Economical Funeral Home, with the most
 Industry Experience in Three Counties:
 Marin, Sonoma, & Napa
 Veterans Discounts

Se Habla Español **707.838.8883** cfcs.com



Duffy Conneely, Owner
 FD 2410

Life Matters



For more information go to www.usccb.org/respectlife

DIVINE FIJIANS HOME CARE



We provide
 compassionate,
 affordable,
 and bonded
 FIJIAN CARE GIVERS.



CALL NOW! 707.304.9179 OR 707.978.1457

koroitamanapoasa@gmail.com • 5515 Marit Dr. • Santa Rosa, CA 95409
 Find us online at: www.divinefijiancare.com

Protecting Seniors Nationwide

Medical Alert System



\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

Get this
 weekly bulletin
 delivered by
 email - for FREE!



Sign up here:
www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.

ONE PARISH

Grow in your faith,
 find a Mass, and
 connect with your
 Catholic Community
 with OneParish!



Download Our Free App or Visit
<https://www.oneparish.com>

catholicmatch®

California



CatholicMatch.com/myCA



Take your
 FAITH
 ON A
 JOURNEY.
 (CST 2117990-70)

Catholic Cruises and Tours
 and The Apostleship of the Sea
 of the United States of America
 Catholic Cruises/Tours to Worldwide Destinations
 Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

Grow Your Business, Advertise Here.
 Support Your Church & Bulletin.
 Free professional ad design & my help!

email: RushT@jspaluch.com



www.jspaluch.com

Call Traci Rush
925.239.1401

FINDaPARISH.com

Check It Out Today!

The Most Complete
 Online National
 Directory of
 Catholic Parishes

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

- ✓ Ambulance
 - ✓ Police
 - ✓ Fire
 - ✓ Friends/Family
- Solutions as Low as **\$19.95** a month
 FREE Shipping
 FREE Activation
 NO Long Term Contracts



CALL NOW! **800.809.3352**
 GPS Tracking w/Fall Detection
 Nationwide, No Land Line Needed
 EASY Set-up, NO Contract
 24/7 365 Monitoring in the USA

AND ON THE
 EIGHTH
 DAY ...

GOD created
 caregivers!

Would you
 feel happier
 and healthier
 with some help
 at home? Call us!



707-387-0733
AmadaSonomaNapa.com

NORTH BAY BAVARIAN
 We Specialize in California BMW and Mini
545-0820
www.Northbaybavarian.com

...providing excellent service and value since 1886.

LAFFERTY SMITH

Colonial Chapel

Se habla español

4321 Sonoma Highway • Santa Rosa • 707-539-2921 • FD 356