



The Cathedral of
ST. EUGENE

2323 Montgomery Drive
Santa Rosa, CA 95405
(707) 542-6984

PASTORAL STAFF

Rev. Frank Epperson, Rector
Rev. Thomas Stuart, Parochial Vicar
Rev. Jeffrey Keyes, In Residence
Deacon Mike Heinzelman
Deacon Gary Moore
Deacon Russ Bowden

TELEPHONE NUMBERS

Email Comments/Suggestions to:
cathedralresponse@gmail.com

Parish Office Phone	542-6984
Parish Office Fax	542-1621
Religious Education	326-3408
Finance Council - Marty McCormick	526-1700
Choir Directress - Pam Zieminski	578-8848
School Office - David Gallagher	545-7252
Preschool Office - Sharry Caesare	528-9133

PARISH OFFICE HOURS

Monday - Friday - 9:00 a.m. to 4:00 p.m.
Entrance is located at SW corner of Rectory

WEBSITES

Parish: www.steugenes.com
School: www.steugenesch.org

REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.
Saturday: 8:00 a.m.; 4:30 p.m. & Sp. 6:30 p.m.
Sunday: 7:30, 9:00 & 10:30 a.m.
12:00 noon and 5:30 p.m.
Tuesday Latin Mass: 5:30 p.m.
Sunday Latin Mass: 1:30 p.m.

CONFESSIONS

3:30 - 4:30 p.m. Saturday or by appointment

PERPETUAL ADORATION

Perpetual Adoration has been moved to outside of the East Entrance of the Parish Life Center due to Covid-19 restrictions on gathering indoors.

Benediction of the Most Blessed Sacrament is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

DEVOTIONS

Recitation of the Rosary is Monday - Saturday at 7:30 a.m. in the Cathedral

Chaplet of Divine Mercy is Saturday after the 8:00 a.m. Mass in the Cathedral

CATHEDRAL SHOPS

Cathedral Thrift Shop will re-open soon!
Cathedral Books & Gifts Hours: Wed-Sat 8:30-4:30
& Sun 8:30-1:30, Closed Mon/Tues - Phone: 542-0250

THIRD SUNDAY OF LENT – MARCH 7, 2021

PARISH CALENDAR

SUNDAY MARCH 7

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00, 1:30 pm (Latin) & 5:30 pm
RCIA Classes – Becker Ctr. – 10:30 a.m.

MONDAY MARCH 8

Morning Masses – Cathedral – 6:45 & 8:00 am

TUESDAY MARCH 9

Morning Masses – Cathedral – 6:45 & 8:00 am

WEDNESDAY MARCH 10

Morning Masses – Cathedral – 6:45 & 8:00 am

THURSDAY MARCH 11

Morning Masses – Cathedral – 6:45 & 8:00 am

FRIDAY MARCH 12

Morning Masses – Cathedral – 6:45 & 8:00 am
Stations of the Cross – Cathedral – 2:00 & 6:00 pm;
Spanish – 7:00 pm

SATURDAY MARCH 13

Morning Mass – Cathedral – 8:00 am
Confession - Cathedral - 3:00 – 4:30 pm
Mass – Cathedral - 4:30 pm; 6:30 pm (Spanish)

PRO-LIFE

~40 DAYS FOR LIFE~

The Santa Rosa “40 Days for Life” began on (Ash) Wednesday. We are always in need of “Prayer Warriors” who will pray with us in front of the Planned Parenthood building on Sonoma Avenue. We must speak for those who cannot! If you are interested in joining us, please call Judy at 477-8937; (for donations) call Mary 321-8948 or for a Spanish speaker, call Theresa at 795-8890.

~FORMED~

An incredible free online resource is available to all of our Parishioners. You can have access to bible studies, audio talks, videos, live broadcasts, sacramental preparations, lenten reflections and more for the whole family. If you have not yet signed up, go to signup.formed.org and enter “St. Eugene's Cathedral,” your name and your e-mail to access this treasure of faith enriching resources. You may want to check out a new series on Living Lent as a Family, or a Bible Study for your family or group to participate in.

Hearing Aid Users, Switch to T-Coil

ADMINISTRATION

For the Weeks of: 2/21/21

Sunday Donations Received:	\$14,567.00
Collection Revenue Received for: Tuition Assistance Program	\$2,596.00

~CATHEDRAL BOOKS & GIFTS~

During the month of March, our St. Francis Statue is 25% off. Lent is a time for self-reflection and deepening our relationship with God through Jesus Christ. As St Francis stated: "O divine Master grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life." Our St Francis statue is 8 inches tall, and it fits perfectly on a desk, on a shelf, or wherever you need inspiration and peace. We have a limited supply, so shop early! We also have a large selection of books in Spanish. Please stop in and see our new location in the “Faith Room” of the Parish Life Center. The shop hours are: Wed-Sat from 8:30 am-4:30 pm & Sun 8:30 am-1:30 pm. We are closed Mon./Tues. Call us at 542-0250. We stay open until 4:30 on the First Sunday of each month.

STATIONS OF THE CROSS

~ON YOUTUBE~

For those who are unable to attend our Friday Stations of the Cross in person, inside the Cathedral, you can now follow along with us on our YouTube Channel. Simply go to www.Youtube.com and type in the words: Cathedral of St. Eugene – Stations of the Cross.

~WOMEN OF THE WORD~

Women of the Word, St. Eugene's scripture, prayer, and social group open to all Catholic women, continues to meet during this pandemic (albeit in a different form). What do we do? *We support each other in prayer:* We are sharing weekly prayer requests and praises with one another. How and when do we meet? *We meet every other Tuesday morning “virtually”* via zoom and regular telephone lines. We are learning about and contemplating the Seven Sacraments. **Our next meeting will be on March 16, at 10:00 a.m.** We are doing a retreat called “Three Hearts”: The Sacrament of Marriage. We welcome new members. If you are interested in joining us with prayer or at our bi-weekly meetings, email Mary Gioia for information about how to participate at: hiecke@sonic.net. Please join us for our next meeting!

MASS INTENTIONS

Saturday	March 6
8:00 am	In honor of and in Reparation for the offenses against the Immaculate Heart of Mary and the Sacred Heart of Jesus and for the living and deceased members of the Russell and Rinaldi Families.
4:30 pm	Stephanie Buettner, deceased
6:30 pm	Juan Jimenez, deceased
Sunday	March 7
7:30 am	Dave Sternitzke, deceased
9:00 am	Esperanza Chavez, deceased
10:30 am	People of the Diocese
12:00 pm	People of St. Eugene's
1:30 pm	Kathleen Pavlich, deceased
5:30 pm	Deidre McCormick & Martin Brian McCormick, deceased
Monday	March 8
6:45 am	J. Stanley Russell, Jr., Michael Russell, Sr. & Michael Russell, Jr., deceased
8:00 am	Pat Dowd, living
Tuesday	March 9
6:45 am	Steven & Elizabeth Mullen, living
8:00 am	Betty Bjornstrom, living
5:30 pm (EF)	John Paul Tran, living
Wednesday	March 10
6:45 am	Vanessa Sarmiento, living
8:00 am	William Avilla, deceased
Thursday	March 11
6:45 am	Steven & Elizabeth Mullen, living
8:00 am	Isabel Ameller, living
Friday	March 12
6:45 am	Mr. Nguyen Van Ngam, deceased
8:00 am	Luis Alfredo Gonzalez Monterroso, deceased
12:00 pm Hosp.	Emily Tran, living
Saturday	March 13
8:00 am	Scott Voelker, living
4:30 pm	Marion Dillard, deceased
6:30 pm (Sp)	Jose Maria & Guadalupe Ambriz, deceased

IN NEED OF PRAYERS

~IN NEED OF PRAYERS~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Sandy Torti Wilcox, Marjorie Miles, Amelia Lansangan, Gail Brown, Luigi Fabiano, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Thomas Patrick, Aida Catapang, John Bugbee, Bob Goldman, Pat Davenport, Joan Cosgrove, Paulita Castro, Virginia Avilla and Tiffany Hutchinson.

SPIRITUAL ACTIVITIES

~FROM THE PASTOR~

I think I speak for all of us when I say how pleased we are to be able to have Mass inside our Cathedral once again. Now that we are inside, we are still under the restriction of only allowing 25% capacity in the church. This means that we have an usher at the door counting people as they come in so as to comply with this restriction. Because of this, we must close (lock) the doors when Mass starts, so that the usher may also be able to find a pew and attend Mass. So, please be on time! If you are not, you will have to attend Mass outside. Thank you for your attention to this matter.

~MASS OF THE CHRISM~

The Most Reverend Robert F. Vasa, Bishop of the Diocese of Santa Rosa, along with the Diocesan and Religious priests of the Diocese, invites you to participate in the Mass of the Chrism here at St. Eugene's Cathedral on Thursday, March 25 at 5:30 p.m. This Mass is celebrated once a year and during the Mass, the Bishop blesses the oil of the Sick and the oil of Chrism. This Mass is one of the principal expressions of the fullness of the ministerial priesthood that the Bishop has received and it also signifies the unity the priests, who share in the same ministerial priesthood, have with the Bishop. *Seating is likely to be extremely limited due to the number of priests attending and the 25% capacity rule. This Mass will be live-streamed on our YouTube Channel.*

SOCIAL ACTIVITIES

~MARCH FISH FRY~

The Knights of Columbus will hold a second Lenten Fish Fry at the Becker Center for "Drive Through" service on March 19, from 5:00 - 7:00 pm. It will be Take-Out Only. For \$16.00 enjoy fish, french fries, coleslaw & ice cream! Tickets are available in the Parish Office, M-F, 9-4 and at the Bookstore/Gift Shop. Meals may also be purchased on site while the supply lasts.

~PANCAKE BREAKFAST~

The St. Eugene's Pre-School will hold a "take-out" Pancake Breakfast from 8-11:00 a.m. on Sunday, March 21st, in front of the Msgr. Becker Center. A delicious breakfast of pancakes, eggs and sausage will be brought to your car while you wait. While waiting for breakfast, kids can have fun finding the 12 Easter eggs that are "hidden" in front of the building. Tickets will go on sale March 1st for \$12.00 at the Parish Office, Pre-school and Elementary School. Meals may also be purchased on site while the supply lasts.

Thanks for supporting our pre-school!

~REVISIONS NEEDED~

The list of people in need of prayer has not been updated for almost one year. Please contact us if you notice someone who needs to be taken off, or if you would like to add someone. Please contact Barbara at: (707) 542-6984, ext. 16.

The bulletin item deadline is Thursday @ 3:00pm for the Sunday after next bulletin. E-mail items to: office@steugenes.com. We reserve the right to edit or omit items.

MY CATHOLIC FAITH

THE TEN COMMANDMENTS

~FROM THE PASTOR~

In our first reading today, we read the account of God giving Moses the Ten Commandments. Often, we read the Commandments without really thinking of the deeper meaning behind each one. For example, ***Thou Shalt Not Kill*** is pretty straightforward. If we are not murderers, we can check that one off as good to go! However, if we look at the underlying, deeper meaning, we see that we may be at fault of breaking this particular commandment. For example, have I abused alcohol or drugs? If so, this sort of self-harm qualifies as breaking that commandment. This is a good way to examine your conscience in preparation for making a good confession. Below is a little quiz. Each commandment should have two examples attached. Read the examples and see if you can put them under the correct Commandment. The answers are provided at the end.

~QUIZ YOURSELF~

- I I am the Lord your God. You shall not have strange gods before me.
- II You shall not take the name of the Lord your God in vain.
- III Remember to keep holy the Lord's Day
- IV. Honor your Father and Mother.
- V. You shall not kill
- VI You shall not commit adultery
- VII You shall not steal
- VIII You shall not bear false witness against your neighbor
- IX You shall not covet/desire your neighbor's wife.
- X You shall not covet/desire your neighbor's goods.

- A. Have I practiced any superstitions (horoscopes, fortune tellers, etc.)?
- B. Have I been late for Mass on Sundays or Holy Days of obligation or left early through my own fault?
- C. Have I failed to dress modestly?
- D. Have I given too much importance to any creature, activity, object or opinion?
- E. Have I given my family good, religious example?
- F. Have I murmured or complained against God?
- G. Have I wished evil upon another person?
- H. Have I been willfully distracted during Mass?

- I. Have I used indecent language or told indecent stories, or listened to such stories?
- J. Have I failed to care for my children's early Baptism or their proper religious instruction?
- K. Have I taken pleasure in anyone's misfortune?
- L. Do I keep secret what should be kept confidential?
- M. Have I engaged in gossip (detraction) or spread scandal?
- N. Am I jealous of what other people have?
- O. Do I waste time at work, school, home?
- P. Do I speak badly of others behind their backs?
- Q. Have I cheated anyone out of what is justly theirs, for example, creditors, insurance
- R. Am I greedy or selfish?
- S. Have I consented to impure thoughts?
- T. Have I caused impure thoughts by impure reading, movies, conversations or curiosity?

Answers: 1st Commandment: A,D; 2nd Commandment: F,G; 3rd Commandment: B,H; 4th Commandment: E,J; 5th Commandment: K,M; 6th Commandment: C,I; 7th Commandment: O,Q; 8th Commandment: P,L; 9th Commandment: S,T; 10th Commandment: N,R

<https://d2y1pz2y630308.cloudfront.net/20844/documents/2020/4/Examination-of-Conscience-Adults.pdf>

JESUS AND THE MONEY-CHANGERS

~THE MEANING BEHIND THE STORY~

“In a ministry marked by great mercy and kindness, the incident involving Jesus and the moneychangers stands out. ... what is the real meaning of the story? First, an exegetical clarification is in order. Although the whipping is sometimes read as applying to the moneychangers themselves—as in the El Greco painting of the scene—a closer and more accurate reading of the original Greek indicates that the whipping was primarily directed at the sheep and the oxen. Still, Jesus flipped over the tables of the moneychangers, so they were certainly not spared his wrath, even if the physical brunt of it was borne by the livestock. (Here, I am reading the version in John 2, where the use of the whip, or scourge, is specifically mentioned.) A basic interpretation of the event takes it at face value: Jesus was justly angered that worldly commercial activities had corrupted the holiness of the temple. (Remember, one of the

meanings of holiness is that which is set apart.) As one commentator, D.A. Carson, explains: Instead of solemn dignity and the murmur of prayer, there is the bellowing of cattle and the bleating of sheep. Instead of brokenness and contrition, holy adoration and prolonged petition, there is noisy commerce.”

~TIME FRAME~

“But there is a deeper meaning to this story and the context makes it clear. In the Synoptic gospels—that is, Matthew, Mark, and Luke—the cleansing of the temple comes near the end of Jesus’ ministry, upon his entrance into Jerusalem, which culminates in his crucifixion. The story is recounted in the beginning of the Gospel of John, but the gospel writer makes the same connection more explicit for us: At this the Jews answered and said to him, “What sign can you show us for doing this?” Jesus answered and said to them, “Destroy this temple and in three days I will raise it up.” The Jews said, “This temple has been under construction for forty-six years, and you will raise it up in three days?” But he was speaking about the temple of his body. Therefore, when he was raised from the dead, his disciples remembered that he had said this (John 2:18-22).”

~TIME FRAME~

“The connection is clear, but what does it mean? How does Jesus driving out the livestock and moneychangers lead to his own suffering? Here Augustine, in his sermons on John, makes a helpful observation about the sacrificial system then in place at the temple: ‘For you know, beloved, that sacrifices were given to that people, in consideration of the carnal mind and stony heart yet in them, to keep them from falling away to idols: and they offered there for sacrifices oxen, sheep, and doves: you know this, for you have read it.’ It was not a great sin, then, if they sold in the temple that which was bought for the purpose of offering in the temple: and yet He cast them out thence.”

~EXPELLING THE ANIMALS~

“Why is this? Augustine hints at it, but does not explicitly say so. The key is so obvious it goes overlooked: note that it was not only the moneychangers that were driven out but the animals as well. Given that the animals were, in fact, necessary for the sacrifices of the temple their expulsion is a bit odd, as this scholar notes: was it not the commercial activity itself that was the real source of offense? This detail points to the deeper meaning of this passage: is it not most fitting that this challenge to the old way of sacrifices preceded their replacement—which was Christ’s one-time self-offering on the cross? “

~A NEW ORDER OF SACRIFICE~

“The scholar concludes: As we have already implied, the expulsion of the beasts symbolized the new order of worship whose temple will have no sacrificial rite. If we do not understand the expulsion as a symbolic act, we have no reason for it since the animals were necessary and were not in themselves an abuse of the temple’s sanctity. Their removal was meant to symbolize the end of mediation toward God by sacrifice; the Mosaic system was not condemned but rather it was displaced as a result of its being superseded by the presence of Jesus. Read in light of this interpretation, the text makes more sense. Just as Jesus was the new temple, who would be ‘destroyed’ and ‘rebuilt’ in three days, so also He was the new Lamb of God slain for our sins. The scourging itself then becomes another symbolic act that foreshadows the Passion of Jesus: to paraphrase Augustine, “He who scourged the sheep Himself was scourged for us.” By: Stephen Beale, <https://catholicexchange.com/deeper-meaning-story-jesus-moneychangers>

~ON RIGHTEOUS ANGER~

“He who is not angry when there is just cause for anger is immoral. Why? Because anger looks to the good of justice. And if you can live amid injustice without anger, you are immoral as well as unjust.” — St. Thomas Aquinas

“At times we will find that we also must be angered by sin. But be careful! It’s very easy for us to use this example of Jesus to justify losing control of ourselves and entering into the sin of anger. Righteous anger, as Jesus manifested, will always leave one with a sense of peace and love for those who are rebuked. There will also be an immediate willingness to forgive when true contrition is perceived. Reflect, today, upon the righteous anger God may want to put into your heart at times. Again, be careful to discern it correctly. Do not allow yourself to be deceived by this passion. Rather, allow the love of God for others to be the driving force and allow a holy hatred for sin to direct you to act in a holy and just way.”

Lord, help me to cultivate in my heart the holy and righteous anger that You desire I have. Help me to discern between what is sinful and what is righteous. May this passion and all my passion always be directed at achieving Your holy will. Jesus, I trust in You.”

<https://catholic-daily-reflections.com/2020/11/08/righteous-anger-2/>

CATEDRAL DE ST. EUGENE'S — 7 de Marzo del 2021

Tercer Domingo de Cuaresma

ORACION A SAN MIGUEL ARCANGEL

SAN MIGUEL ARCÁNGEL, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímele Dios, pedimos suplicantes, y tu príncipe de la milicia celestial arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amen.

Nota: Por recomendación de nuestro Obispo R. Vasa aprender de memoria esta oración y hacerla después de que termina la Santa Misa. (claro que usted puede rezarla lo mas seguido posible)

PARA LA PARTICIPACION EN LA MISA

CREDO

Creo en un solo Dios, Padre todopoderoso, Creador del cielo y de la tierra, de todo lo visible y lo invisible.

Creo en un solo Señor, Jesucristo, Hijo único de Dios, nacido del Padre antes de todos los siglos: Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado, no creado, de la misma naturaleza del Padre, por quien todo fue hecho; Que por nosotros lo hombres, y por nuestra salvación bajó del cielo, Y por obra del Espíritu Santo se encarnó de María la Virgen, y se hizo hombre; Y por nuestra causa fue crucificado en tiempos de Poncio Pilato; padeció y fue sepultado, Y resucitó al tercer día, según las Escrituras, y subió al cielo, y está sentado a la derecha del Padre; Y de nuevo vendrá con gloria para juzgar a vivos y muertos, y su reino no tendrá fin.

Creo en el Espíritu Santo, Señor y dador de vida, que procede del Padre y del Hijo, Que con el Padre y el Hijo recibe una misma adoración y gloria, y que habló por los profetas.

Creo en la Iglesia, que es una, santa, católica y apostólica. Confieso que hay un solo Bautismo para el perdón de los pecados. Espero la resurrección de los muertos y la vida del mundo futuro. Amén.

CALENDARIO PARROQUIAL

Se invita a toda la comunidad, durante la Cuaresma se estará rezando el Viacrucis en la Catedral los todos los Viernes a las 7:00pm. En español.

Santa Misa en Español los sábados a las 6:30pm.

Confesiones Sábados de 3:00 a 4:30pm.

TIENDA DE ARTICULOS RELIGIOSOS

¡Por favor, visítenos!

Estamos estrenando una nueva tienda ahora es en el salón parroquia, (Parish Life Center-Faith Room)

¡Durante el mes de Marzo, tendremos el 25% de descuento en la estatua de San Francisco! La Cuaresma es un tiempo para la auto-reflexión y la profundización de nuestra relación con Dios a través de Jesucristo. Como decía San Francisco: "Oh divino Maestro, concede que no busque tanto ser consolado como consolar; ser comprendido como comprender; ser amado como amar. Porque es en el dar que recibimos; es en perdonar que somos perdonado y muriendo es que nacemos a la vida eterna". Nuestra estatua de San Francisco mide 8 pulgadas de alto y cabe perfectamente en un escritorio, en un estante o donde sea que necesite inspiración y paz.

También tenemos una gran selección de libros en Español.

El horario de la tienda es: Miércoles a Sábado de 8:30 a.m. a 4:30 p.m. y Domingos de 8:30 a.m. a 1:30 p.m.

Pregunte por ayuda en Español tenemos voluntarios que pueden contestar todas sus preguntas.

Si hay algo que necesita y no lo tenemos, nosotros podemos ordenarlo por usted.

Estamos cerrados Lunes / Martes.

Llámenos al 542-0250.

MI FE CATOLICA

LOS DIEZ MANDAMIENTOS

~DE NUESTRO PASTOR~

En nuestra primera lectura de hoy, leemos el relato de Dios que le dio a Moisés los Diez Mandamientos. A menudo, leemos los Mandamientos sin pensar realmente en el significado más profundo detrás de cada uno. Por ejemplo, **No matarás** es bastante sencillo. Si no somos asesinos, ¡podemos marcar ese como bueno! Sin embargo, si miramos el significado subyacente y más profundo, vemos que podemos tener la culpa de quebrantar este mandamiento en particular. Por ejemplo, ¿he abusado del alcohol o las drogas? Si es así, este tipo de autolesión califica como quebrantamiento de ese mandamiento. A continuación se muestra un pequeño cuestionario. Cada mandamiento debe tener dos ejemplos adjuntos. Lea los ejemplos y vea si puede ponerlos bajo el Mandamiento correcto. Las respuestas se proporcionan al final.

~DE NUESTRO PASTOR~

- I Yo soy el Señor tu Dios. No tendrás dioses extraños delante de mí.**
- II No tomarás el nombre del Señor tu Dios en vano.**
- III Recuerda santificar el día del Señor.**
- IV Honra a tu padre y a tu madre.**
- V No matarás .**
- VI No cometerás actos impuros.**
- VII No robarás .**
- VIII No darás falso testimonio contra tu prójimo .**
- IX No codiciarás / desearás a la esposa de tu prójimo.**
- X No codiciarás / desearás los bienes de tu prójimo.**

- A. ¿He practicado supersticiones (horóscopos, adivinos, etc.)?
- B. ¿Llegué tarde a misa los domingos o días santos de obligación o me fui temprano por mi propia culpa?
- C. ¿He fallado en vestirme modestamente?

- D. ¿Le he dado demasiada importancia a alguna criatura, actividad, objeto u opinión?
- E. ¿He fallado en la obediencia o reverencia a otros en autoridad?
- F. ¿Me he quejado o murmurado contra Dios?
- G. ¿He difamado a sacerdotes u otras personas consagradas a Dios?
- H. ¿Me han distraído intencionalmente durante la misa?
- I. ¿He utilizado un lenguaje indecente o he contado historias indecentes o he escuchado esas historias impropias?
- J. ¿He dejado de cuidar el bautismo temprano de mis hijos o su instrucción religiosa adecuada?
- K. ¿Me he complacido con la desgracia de alguien?
- L. ¿Mantengo en secreto lo que debería mantenerse confidencial?
- M. ¿Me he involucrado en chismes (detracción) o difundido escándalos?
- N. ¿Estoy celoso de lo que tienen otras personas?
- O. ¿Pierdo tiempo en el trabajo, la escuela, el hogar?
- P. ¿Hablo mal de los demás a sus espaldas?
- Q. ¿He engañado a alguien con lo que es justamente suyo, por ejemplo, acreedores, seguros
- R. ¿Soy codicioso o egoísta?
- S. ¿He consentido en pensamientos impuros?
- T. ¿He causado pensamientos impuros por lecturas, películas, conversaciones o curiosidad impuras?

Respuestas: 1er mandamiento: A, D; Segundo mandamiento: F, G; Tercer mandamiento: B, H; Cuarto mandamiento: E, J; quinto mandamiento: K, M; 6º Mandamiento: C, L; 7º Mandamiento: O, Q; Octavo Mandamiento: P, L; Noveno Mandamiento: S, T; Décimo Mandamiento: N, R

<https://d2y1pz2y630308.cloudfront.net/20844/documents/2020/4/Examination-of-Conscience-Adults.pdf>