



The Cathedral of  
**ST. EUGENE**

2323 Montgomery Drive  
Santa Rosa, CA 95405  
(707) 542-6984

### PASTORAL STAFF

Rev. Frank Epperson, Rector  
Rev. Alan Acevedo, Parochial Vicar  
Rev. Jeffrey Keyes, In Residence  
Deacon Mike Heinzelman  
Deacon Gary Moore  
Deacon Russ Bowden

### TELEPHONE NUMBERS

Email Comments/Suggestions to:  
[cathedralresponse@gmail.com](mailto:cathedralresponse@gmail.com)

Parish Office Phone	542-6984
Parish Office Fax	542-1621
Religious Education	326-3408
Finance Council – Marty McCormick	526-1700
Choir Directress – Pam Zieminski	578-8848
School Office – Sharon Jeffrey	545-7252
Preschool Office – Sharry Caesare	528-9133
Homeschool Academy– Jessica Warner	206-5579

### PARISH OFFICE HOURS

Monday – Friday – 9:00 a.m. to 4:00 p.m.  
Entrance is located at SW corner of Rectory

### WEBSITES

Parish: [www.steugenes.com](http://www.steugenes.com)  
School: [www.steugenesch.org](http://www.steugenesch.org)

### REGISTRATION IN THE PARISH

Our warmest welcome to all who worship in our community. If you are not registered in the parish, please complete a registration card. Cards are available at church entrances or at the parish office.

### MARRIAGES & BAPTISMS

Please contact the office at least 12 months in advance for weddings and 3 months in advance for baptisms. Check the parish website for more information.

### ANOINTING OF THE SICK

Please call the parish office when a parishioner is home bound or hospitalized to arrange for Holy Communion and Anointing of the Sick.



### MASS TIMES

Daily Mass: 6:45 and 8:00 a.m.  
Saturday: 8:00a.m; 4:30 p.m. & Sp.6:30 p. m.  
Sunday: 7:30, 9:00 & 10:30 a.m.  
12:00 noon and 5:30 p.m.  
Tuesday Latin Mass: 5:30 p.m.  
Sunday Latin Mass: 1:30 p.m.

### CONFESSIONS

3:30 – 4:30 p.m. Saturday or by appointment

### PERPETUAL ADORATION

**Perpetual Adoration** is in the Chapel of the Sacred Heart of Jesus. To sign up for your hour with our Lord, call Annette (English) at: 542-3635 or Maria Vega (Spanish) at: 710-5094

**Benediction of the Most Blessed Sacrament** is held in the chapel every First Friday following 8:00 a.m. Mass. *During this time of Covid-19, Benediction is not being held.*

### DEVOTIONS

**Recitation of the Rosary** is Monday – Saturday at 7:30 a.m. in the Cathedral

**Chaplet of Divine Mercy** is Saturday after the 8:00 a.m. Mass in the Cathedral

### CATHEDRAL SHOPS

**Cathedral Thrift Shop** Hours: Tues & Wed. 9:30 am – 2:30 pm

**Cathedral Books & Gifts** Hours: Wed-Sat 8:30-4:30 & Sun 8:30-1:30, Closed Mon/Tues - Phone: 542-0250

## SIXTH SUNDAY IN ORDINARY TIME – FEBRUARY 13, 2022

### PARISH CALENDAR

#### SUNDAY FEBRUARY 13

Masses – Cathedral – 7:30 am, 9:00 am, 10:30 am, 12:00, 1:30 pm (Latin) & 5:30 pm  
RCIA & RCIF – School – 10:30 am

#### MONDAY FEBRUARY 14

Morning Masses – Cathedral – 6:45 & 8:00 am

#### TUESDAY FEBRUARY 15

Morning Masses – Cathedral – 6:45 & 8:00 am  
Women of the Word – PLC (Hope Rm) – 9:30 am  
PSR – School – 3:45 pm  
Latin Mass – Cathedral – 5:30 pm

#### WEDNESDAY FEBRUARY 16

Morning Masses – Cathedral – 6:45 & 8:00 am  
Bible Study – PLC Hope Room – 6:00 pm  
Outdoor Rosary – Fatima Grotto – 6:00 pm

#### THURSDAY FEBRUARY 17

Morning Masses – Cathedral – 6:45 & 8:00 am

#### FRIDAY FEBRUARY 18

Morning Masses – Cathedral – 6:45 & 8:00 am

#### SATURDAY FEBRUARY 19

Morning Mass – Cathedral – 8:00 am  
Sunday Vigil Masses – Cathedral – 4:30 p.m. & 6:30 p.m.  
(Spanish)

### SECOND COLLECTION

#### ~RELIGIOUS EDUCATION~

The Second Collection this weekend, February 12 & 13, is for our Religious Education Program. The Second Collection next weekend, February 19 & 20, is for the Tuition Assistance program. *As always, thank you for your generosity!*

#### ~ALZHEIMER'S FUND~

The Peter F. Bessone Alzheimer's Fund was established at St. Eugene's in honor of Mr. Bessone, a former parishioner who suffered from this debilitating disease. Upon his death, the Bessone family set up the Fund to provide financial assistance to parishioners who also suffer from Alzheimer's or who provide care for family members who have been afflicted. This monetary assistance is to help cover respite care expenses that are not already covered by private or public insurance. If you find yourself in this position, please contact the parish office (707-542-6984) to inquire about any assistance the Fund may be able to provide to you.

### Hearing Aid Users, Switch to T-Coil

#### ADMINISTRATION

#### For the Week of: 01/30/22

Sunday Donations Received:	\$13,843.
2nd Collection received for: St. Vincent de Paul	\$5,064.

#### ~CATHEDRAL BOOKS & GIFTS~

February is the Month of the Passion. It is a time to focus and prepare for the season of Lent. As we approach Lent and meditate on the Lord's Passion, all statues and pictures of the Sacred Heart of Jesus and the Immaculate Heart of Mary are 25% off all month. Please come by and see what we have to offer, for in addition to statues and pictures, we have an excellent selection of books, cards and other gifts. Also, please tell your Spanish-speaking friends that we have a great selection of Spanish language books & cards! The shop hours are: Wed-Sat from 8:30 am-4:30 pm & Sun 8:30 am-1:30 pm. We are closed Mon./Tues. Please feel free to call us at: (707) 542-0250.

#### ~ CREDIT CARD DONATIONS~

Consider paying your parish contributions on line using your credit card. You can process a one-time gift or you create an account. Once you establish an account, you can set up recurring entries to automatically process your donations. You can also pay your 2<sup>nd</sup> collections by credit card. From the STEUGENES.COM website, press the GIVE button in the upper right corner. Then press GIVE ON LINE NOW. If you would like assistance setting up your account, contact [bookkeeper@steugenes.com](mailto:bookkeeper@steugenes.com) and we can walk you through the process.

#### ~ICF SCHOLARSHIP~

The Italian Catholic Federation (ICF) is offering scholarships to high school graduates, class of 2022. To be eligible, you must be Roman Catholic, have at least a 3.20 GPA and ANY Italian ancestry. Please see your high school counselor for an application, or go to [www.ICF.ORG](http://www.ICF.ORG) or call: 1-888-ICF-1924.

#### ~CAMINO DE SONOMA~

The Camino de Sonoma invites all Catholic faithful, nature lovers, and health enthusiasts to walk a pilgrimage along the Camino de Sonoma. Guided walks begin each day at 8am and conclude at 3pm. To RSVP, or for more information, please contact Stephen Morris - [dsryouth@srdioocese.org](mailto:dsryouth@srdioocese.org) (310-849-2342). 2022 Guided Walks: February 19th, or March 3rd - 8th (all 6 stages to begin Lent). What day will you join us? February 19th, March 3rd, 4th, 5th, 6th, 7th, 8th, or 9th?

## MASS INTENTIONS

<b>Saturday</b>	<b>February 12</b>
8:00 am	Robert Moore, deceased
4:30 pm	George Schirle, deceased
6:30 (Sp)	Rene Mora Anguiano, deceased
<b>Sunday</b>	<b>February 13</b>
7:30 am	Stephanie Buettner, deceased
9:00 am	Tod Christofferson, deceased
10:30 am	People of the Diocese
12:00 pm	People of St. Eugene's
1:30 pm (EF)	Lisa Tran, living
5:30 pm	Don Dodson, deceased
6:00 pm (Newman Ctr.)	Gildardo Luna Torres, living
<b>Monday</b>	<b>February 14</b>
6:45 am	Edelmira Gramajo, deceased
8:00 am	Bill Pisenti, Jr., living
<b>Tuesday</b>	<b>February 15</b>
6:45 am	The Holy Souls
8:00 am	ICF Members, living & deceased
5:30 pm (EF)	Michael Tran, living
<b>Wednesday</b>	<b>February 16</b>
6:45 am	Anna Magdalena Arnerich, living
8:00 am	Jack Bjornstrom, deceased
9:20 am (Sch)	Heriberto Luna Torres, living
<b>Thursday</b>	<b>February 17</b>
6:45 am	The Holy Souls
8:00 am	Socorro Razo, deceased
<b>Friday</b>	<b>February 18</b>
6:45 am	Dan Williams, living
8:00 am	Tim Williams, deceased
<b>Saturday</b>	<b>February 19</b>
8:00 am	McShane & Stronge Families, living & deceased
4:30 pm	Gary Walter Stephens, deceased
6:30 pm (Sp)	Juano Maldonado, deceased

### ~PLEASE PRAY FOR~

Those who are ill need your support and prayers: Tristan Humble, Samuel Agius, Sandy Torti Wilcox, Marjorie Miles, Amelia Lansangan, Gail Brown, Leo Del Santo, Emeline Jane Smith, Rosalind Britto, Ken Davis, Rita Wyatt, Karen Mills, Eileen Carol, Nancy Amador, Patrick Welter, Cristeta Marentes, Jesus Navarro, Michael Boland, Stephen Warner, Thomas Patrick, Aida Catapang, Bob Goldman, Pat Davenport, Joan Cosgrove, Paulita Castro, Jean L. Alfano, Theresa Pham, Rainey Olson, Michele Otten, Pauline Goslovich, Mary Gonzales and Nick Sidjakov.

## SPIRITUAL ACTIVITY

### ~WORLD MARRIAGE DAY~

The 3rd Annual Diocesan "Celebrate Marriage Mass" is being held this Sunday, February 13th, at 10:30 a.m. here at the Cathedral. All married couples within the diocese are invited to attend, especially those celebrating "milestone" anniversaries (e.g., 5, 10, 20, 25, etc.) So married couples, celebrate *your* marriage by attending this special "Celebrate Marriage Mass"!

### ~INTERNATIONAL ROSARY CRUSADE~

Join us in solidarity with an international prayer effort begging the Mother of God for help in this unprecedented, global crisis of division and strife brought on by a two-year pandemic. Social, political and economic instability has been the result of lockdowns, shutdowns and mandates. A Rosary campaign began in Austria in November of last year, and has since spread to thousands of groups in France, Italy, Belgium, United Kingdom, Czech Republic, Croatia, Germany and many others. Groups are just starting in the United States. What is involved? People around the world are praying the Rosary in a public place every Wednesday at 6:00 p.m. Join us at the Fatima Statue and grotto outside the east entrance of the Cathedral **every-Wednesday at 6:00 p.m.** as we join in this effort.

### ~LITURGY Q & A~

*Why do we use incense at Mass?*

The use of incense hearkens back to ancient worship, and has rich symbolism. Overall, it represents the prayers of the faithful ascending to God through Christ, who is our Mediator. Other interesting symbolism: The rising smoke -- our prayers; the altar -- the Church; the thurible/censer -- the people's hearts, upright before God; the fire -- charity. The prayer of David in Psalm 140, prayed at the incensing of the altar, provides beautiful imagery: "Let my prayer be directed, O Lord, as incense in thy sight; the lifting up of my hands as an evening sacrifice". (See Fr. James W. Jackson, *Nothing Superfluous*)

## SOCIAL ACTIVITY

### ~KNIGHTS OF COLUMBUS VIDEO SERIES~

What does it mean to be a man today? In our modern times, many men have asked themselves this question. We all want to lead fuller and more purposeful lives - to be better men, better husbands and better fathers - but sometimes it can be difficult to know how. The Knights of Columbus is hosting a 12-part video discussion series entitled, "Into The Breach". Please join us for food, fraternity, and prayer as we discuss "Authentic Masculinity". We begin the series on Monday, February 21st at 6:00PM in the Becker Center. **Open to all Catholic Men 18 years and older.**

The bulletin item deadline is Thursday @ 3:00pm for the Sunday after next bulletin. E-mail items to: [office@steugenes.com](mailto:office@steugenes.com). We reserve the right to edit or omit items.

# MY CATHOLIC FAITH

## ON HUMAN RESPECT & THE ANGELS

### ~FROM THE PASTOR~

Our Gospel reading today (Luke 6:17; 23-26) really lends itself to the topic I would like to address today: human respect. The Holy Gospel according to St. Luke tells us: “Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man. Rejoice and leap for joy on that day! Behold, your reward will be great in heaven. For their ancestors treated the prophets in the same way. ... Woe to you when all speak well of you, for their ancestors treated the false prophets in this way.” Human respect, in the Catholic sense, is something that most of us have fallen into at one time or another. It is when we care more about what our fellow man thinks of us than what God thinks. In other words, we try to please man rather than God. This is generally motivated by fear – fear that we will not be liked, that we will be ridiculed or that we will lose popularity. Let’s look at the this topic in the following article and then, let us also read about our Guardian Angels, *who will give us the help and courage we need to choose God over human respect every time, if we but ask for their help!*

## HUMAN RESPECT

### ~FEARING MAN MORE THAN GOD~

“On one level “human respect” seems like a good thing. After all, we ought to respect, honor and appreciate one another. What then is meant by the “sin of human respect”? It is that sin wherein we fear man more than God; we are more concerned with what people think of us than what God thinks of us. This is an unholy, sinful fear, and is at the root of many of our sins, both of commission and of omission. Consider some examples:

### ~OFFENSIVE LANGUAGE~

A man goes up to a group of other men who are talking about the boss and also speaking inappropriately about some women in the office. He knows that their disparaging comments about the boss are unfair or even untrue. He also knows that talking about the women in the office using crude sexual imagery and lustful references is wrong. But because he wants to “fit in,” he joins in the conversation and contributes to what he knows is wrong. He

laughs at the off-color jokes and makes no attempt to steer the conversation in a more appropriate direction. He does this because he fears rejection and is more concerned about what his co-workers think of him than what God thinks of him. He fears man more than he does God. That God is displeased with his actions is less important to him than that any of these men should be displeased.

### ~HARD TRUTHS~

[Another example] A pastor of a parish has a mandate from God and the Church to preach the whole counsel of God but he struggles to preach the “hard” things. After all, teaching on things like abortion, fornication, divorce, contraception, homosexual activity, euthanasia, and capital punishment causes some people to be upset. He fears this anger, fears offending people, fears being misunderstood. Once, when he spoke about abortion (because the Bishop mandated it), a few parishioners came up to him and told him that he should not bring politics into the pulpit. Once, when he had preached about the problem of divorce (the topic of that day’s Gospel), a (divorced) woman approached him after Mass saying that she felt hurt and “excluded.” Experiences like these have led the priest to “play it safe.” He always starts the homily with a joke and the people seem to love him for it. He chooses to preach only in abstractions and generalities. He exhorts people to be a little more kind, a little more generous, but avoids specificity. He does this because he fears man more than he does God. That God might be displeased that His people are not hearing the truth about important moral issues or receiving proper instruction in discipleship is a vague and distant fear to this priest. But one person raising an eyebrow at what he says is enough to ruin his whole week. Thus he goes silent as a prophet and becomes a people-pleaser instead. He respects – fears – man more than he does God.

### ~OUR WOUNDED NATURE~

So these are some examples of the “sin of human respect.” It runs very deep in our wounded nature and leads to many other sins as well. Many people are desperate for attention, respect, acceptance, and approval from other human beings. *Many of these same individuals, though (even the religiously observant), struggle to be nearly as concerned with what God thinks of them or whether He approves of their behavior.*

~GOD'S SOLUTION~

**God has a straightforward solution to this:** we should fear Him and no one else. There is an old saying, "If I kneel before God I can stand before any man." It makes sense that it is a lot easier to fear (respect) one, than many. The more we learn to fear (respect) God, the less concerned we become with what others think. This is not an invitation to become a sociopath who cares not a whit what others think. We are to remain polite, groom ourselves, and not intentionally pick fights. But in the end, we are instructed by the Lord to be freed of all the fearful trepidation of what others think. Calling this a straightforward solution refers more to its description than its execution. It is not easy to extract ourselves from this very deep drive; in fact, it takes a life time. But the first step to healing is admitting we have a problem. Then we begin to see it for what it is, understand its moves, and let the Lord steadily free us.

~FILIAL FEAR OF THE LORD~

**Let us also be clear: the fear of the Lord that is counseled here is not a cowering and servile fear.** If this is all one can muster, though, it is better than having no fear at all! But the real goal is to have a filial fear of God, fearing to offend Him because we love Him. This type of fear of the Lord holds Him in awe. It is to have a reverence for Him rooted in deep love and gratitude. Out of this love and gratitude we fear to offend Him more than offending any other. Perhaps some Scripture quotes that address various aspects of the problem of human respect and the remedy of holy fear will be a fitting conclusion to this reflection:

~SCRIPTURE QUOTES~

*Woe to you when all men speak well of you, for that is how their fathers treated the false prophets (Luke 6:26).*

*If anyone is ashamed of me and my words, the Son of Man will be ashamed of him when he comes in his glory and in the glory of the Father and of the holy angels (Luke 9:26).*

*And do not be afraid of those who kill the body but cannot kill the soul; rather, be afraid of the One who can destroy both soul and body in Gehenna (Matt 10:28).*

*If the world hates you, realize that it hated me first. If you belonged to the world, the world would love its own; but because you do not belong to the world, and I have chosen you out of the world, the*

*world hates you (Jn 15:18-19).*

*It does not concern me in the least that I be judged by you or any human tribunal; I do not even pass judgment on myself; I am not conscious of anything against me, but I do not thereby stand acquitted; the one who judges me is the Lord (1 Cor 4:3).*

By: Msgr. Charles Pope, "What is the Sin of Human Respect?" For the complete article, go to: <https://www.catholicculture.org/commentary/articles.cfm?id=728>

**GUARDIAN ANGELS**

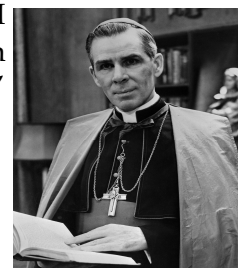
~PRAY TO YOUR GUARDIAN ANGEL~

Whenever we feel weak, and think that we may not have the courage to "stand up and be counted" for the Lord, let us say a quick prayer to our Guardian Angel. "Why is a devotion to our angel important? To begin, the angelic theologians and most exorcists concur that our guardians *chose* us. They knew us before we were created, and out of love and obedience to God, they said yes to His offer to protect us. This means they have had full knowledge of our temperaments, every sin we've ever committed, and all the good we would do in life. They likely know us better than we know ourselves. Ask your angel to reveal your primary defect so that you can grow in holiness. ... It's not uncommon for us, from time to time, to get bewildered at why we are stuck in a particularly bad pattern of behavior, or why certain relationships seem to be difficult for us. Pray that your guardian will show you what your weaknesses are and how they affect - and hinder - your spiritual growth. ... Pray that your guardian will keep you strong in times of trial, that he will assist you in holy thoughts and influence your imagination ..."

Four Ways to Increase Devotion to Your Guardian Angel, by: Jeannie Ewing. For the complete article, to to: <https://catholicexchange.com/four-ways-to-increase-devotion-to-your-guardian-angel>

~FULTON SHEEN~

"If I were not a Catholic, and were looking for the true Church in the world today, I would look for the one Church which did not get along well with the world; in other words, I would look for the Church which **t h e w o r l d h a t e d .**"  
*Archbishop Fulton Sheen*



**MI FE CATOLICA**

**SOBRE EL RESPETO HUMANO Y LOS ÁNGELES  
~DEL PASTOR~**

Nuestra lectura del Evangelio de hoy (Lucas 6:17; 23-26) realmente se presta al tema que me gustaría abordar hoy: el respeto humano. El Santo Evangelio según San Lucas nos dice: "Bienaventurados sean cuando los hombres los odien, y cuando los excluyan e insulten, y denuncien vuestro nombre como malo a causa del Hijo del Hombre. ¡Alégrate y salta de alegría en ese día! He aquí, vuestra recompensa será grande en el cielo. Porque sus antepasados trataron a los profetas de la misma manera. ... ¡Ay de vosotros cuando todos hablen bien de vosotros, porque así trataron sus antepasados a los falsos profetas. El respeto humano, en el sentido católico, es algo en lo que la mayoría de nosotros hemos caído en un momento u otro. Es cuando nos importa más lo que nuestro prójimo piensa de nosotros que lo que Dios piensa. En otras palabras, tratamos de agradar al hombre en lugar de a Dios. Por lo general, esto está motivado por el miedo—miedo a que no nos quieran, a que nos ridiculicen o a que perdamos popularidad. Veamos este tema en el siguiente artículo y luego, leamos también acerca de nuestros Ángeles de la Guarda, quienes nos darán la ayuda y el coraje que necesitamos para elegir a Dios sobre el respeto humano cada vez, ¡si solo pedimos su ayuda!

**RESPETO HUMANO**

**~TEMIENDO AL HOMBRE MÁS QUE A DIOS~**

"En un nivel, el "respeto humano" parece algo bueno. Después de todo, debemos respetarnos, honrarnos y apreciarnos unos a otros. ¿Qué significa entonces el "pecado del respeto humano"? Es ese pecado en el que tememos al hombre más que a Dios; nos preocupa más lo que la gente piensa de nosotros que lo que Dios piensa de nosotros. Este es un temor profano y pecaminoso, y está en la raíz de muchos de nuestros pecados, tanto por comisión como por omisión. Considere algunos ejemplos:

**~LENGUAJE OFENSIVO~**

Un hombre se acerca a un grupo de otros hombres que hablan sobre el jefe y también hablan de manera inapropiada sobre algunas mujeres en la oficina. Sabe que sus comentarios despectivos sobre el jefe son injustos o incluso falsos. También sabe que hablar de las mujeres en la oficina usando imágenes sexuales crudas y referencias lujuriosas está mal.

Pero como quiere "encajar", se une a la conversación y contribuye a lo que sabe que está mal. Él se ríe de los chistes subidos de tono y no intenta encauzar la conversación en una dirección más apropiada. Hace esto porque teme el rechazo y está más preocupado por lo que sus compañeros de trabajo piensen de él que por lo que Dios piense de él. Teme al hombre más que a Dios. Que Dios esté disgustado con sus acciones es menos importante para él que el disgusto de cualquiera de estos hombres.

**~DURAS VERDADES~**

[Otro ejemplo] Un pastor de una parroquia tiene un mandato de Dios y de la Iglesia para predicar todo el consejo de Dios, pero le cuesta predicar las cosas "difíciles". Después de todo, enseñar sobre cosas como el aborto, la fornicación, el divorcio, la anticoncepción, la actividad homosexual, la eutanasia y la pena capital hace que algunas personas se molesten. Teme esta ira, teme ofender a la gente, teme ser malinterpretado. Una vez, cuando habló sobre el aborto (porque el Obispo lo ordenó), algunos feligreses se le acercaron y le dijeron que no debería llevar la política al púlpito. Una vez, cuando había predicado sobre el problema del divorcio (el tema del Evangelio de ese día), una mujer (divorciada) se le acercó después de la Misa diciendo que se sentía herida y "excluida". Experiencias como estas han llevado al sacerdote a "jugar a lo seguro". Siempre comienza la homilía con una broma y la gente parece quererlo por eso. Elige predicar sólo en abstracciones y generalidades. Exhorta a la gente a ser un poco más amable, un poco más generosa, pero evita la especificidad. Lo hace porque teme más al hombre que a Dios. Que a Dios le disguste que su pueblo no esté escuchando la verdad sobre asuntos morales importantes o que no reciban la instrucción adecuada en el discipulado es un temor vago y distante para este sacerdote. Pero una persona que levanta una ceja ante lo que dice es suficiente para arruinar toda su semana. Por lo tanto, se queda en silencio como un profeta y, en cambio, se convierte en un complaciente de la gente. Respeta, teme, al hombre más que a Dios.

**~NUESTRA NATURALEZA HERIDA~**

Así que estos son algunos ejemplos del "pecado del respeto humano". Corre muy profundamente en nuestra naturaleza herida y conduce a muchos otros pecados también. Muchas personas están desesperadas por la atención, el respeto, la aceptación y la aprobación de otros seres humanos. Sin embargo, muchos de estos mismos individuos (*incluso los practicantes religiosos*) luchan por estar casi tan preocupados por lo que Dios piensa de ellos o si Él aprueba su comportamiento.

### ~LA SOLUCIÓN DE DIOS~

**Dios tiene una solución sencilla para esto:** debemos temerle a Él y a nadie más. Hay un viejo dicho: "Si me arrodillo ante Dios, puedo estar de pie ante cualquier hombre". Tiene sentido que sea mucho más fácil temer (respetar) a uno que a muchos. Cuanto más aprendemos a temer (respetar) a Dios, menos nos preocupamos por lo que piensan los demás. Esta no es una invitación a convertirse en un sociópata al que no le importa un comino lo que piensen los demás. Debemos ser educados, arreglarnos y no buscar peleas intencionalmente. Pero al final, el Señor nos instruye para que seamos libres de toda la temible inquietud de lo que otros piensan. Llamar a esto una solución directa se refiere más a su descripción que a su ejecución. No es fácil salir de esta pulsión tan profunda; de hecho, se necesita un tiempo de vida. Pero el primer paso para sanar es admitir que tenemos un problema. Entonces comenzamos a verlo por lo que es, a entender sus movimientos y dejamos que el Señor nos libere constantemente.

### ~TEMOR FILIAL DEL SEÑOR~

**Seamos también claros: el temor del Señor que aquí se aconseja no es un temor acobardado y servil.** Sin embargo, si esto es todo lo que uno puede reunir, ¡es mejor que no tener miedo en absoluto! Pero el objetivo real es tener un temor filial de Dios, temiendo ofenderlo porque lo amamos. Este tipo de temor del Señor lo asombra. Es tener una reverencia por Él arraigada en un profundo amor y gratitud. Por este amor y gratitud tememos ofenderlo más que ofender a cualquier otro. Quizás algunas citas bíblicas que abordan varios aspectos del problema del respeto humano y el remedio del temor santo sean una conclusión adecuada para esta reflexión:

### ~CITAS DE LAS ESCRITURAS~

*¡Ay de vosotros cuando todos hablen bien de vosotros, porque así trataban sus padres a los falsos profetas (Lucas 6:26).*

*Si alguno se avergüenza de mí y de mis palabras, el Hijo del Hombre se avergonzará de él cuando venga en su gloria y en la gloria del Padre y de los santos ángeles (Lc 9, 26).*

*Y no temáis a los que matan el cuerpo pero no pueden matar el alma; más bien, teman a Aquel que puede destruir tanto el alma como el cuerpo en Gehena (Mateo 10:28).*

*Si el mundo te odia, date cuenta de que me odió a mí primero. Si fueras del mundo, el mundo amaría lo tuyo; mas porque no sois del mundo, y yo os he escogido del mundo, el mundo os odia (Jn 15, 18-19).*

No me importa en lo más mínimo ser juzgado por vosotros ni por ningún tribunal humano; Ni siquiera me juzgo a mí mismo; No estoy consciente de nada en mi contra, pero no quedo absuelto por ello; el que me juzga es el Señor (1 Cor 4,3). Por: Mons. Charles Pope, "¿Cuál es el pecado del respeto humano?"

### ANGEL DE LA GUARDA

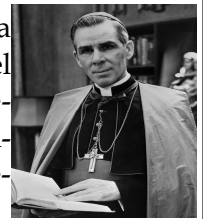
#### ~RUEGA A TU ÁNGEL DE LA GUARDA~

Siempre que nos sintamos débiles y pensemos que tal vez no tengamos el coraje de "ponernos de pie y ser contados" por el Señor, oremos rápidamente a nuestro Ángel de la Guarda. "¿Por qué es importante la devoción a nuestro ángel? Para empezar, los teólogos angélicos y la mayoría de los exorcistas coinciden en que nuestros guardianes nos eligieron *a nosotros*. Ellos nos conocían antes de que fuéramos creados, y por amor y obediencia a Dios, dijeron que sí a su oferta de protegernos. Esto significa que han tenido pleno conocimiento de nuestro temperamento, cada pecado que hemos cometido y todo el bien que haríamos en la vida. Es probable que nos conozcan mejor que nosotros mismos. Pídele a tu ángel que te revele tu principal defecto para que puedas crecer en santidad. ... No es raro que, de vez en cuando, nos desconcertemos por qué estamos atrapados en un patrón de comportamiento particularmente malo, o por qué ciertas relaciones parecen ser difíciles para nosotros. Ore para que su guardián le muestre cuáles son sus debilidades y cómo afectan y obstaculizan su crecimiento espiritual. ... Ore para que su guardián lo mantenga fuerte en tiempos de prueba, que lo ayude con pensamientos santos e influya en su imaginación ..." por: Jeannie Ewing.

#### ~FULTON SHEEN~

"Si yo no fuera católico y estuviera buscando la verdadera Iglesia en el mundo de hoy, buscaría la única Iglesia que no se llevaba bien con el mundo; en otras palabras, buscaría la Iglesia que el mundo odia".

Arzobispo Fulton Sheen



#### ~SE NECESITAN ADORADORES~

¡Nos complace anunciar que nuestra Capilla de Adoración Perpetua está abierta una vez más! Para entrar a la Capilla necesitara un código y registrarse con anticipación si desea visitar al Santísimo. Ahora se esta construyendo un baño para uso de los adoradores y se necesitan **VOLUNTARIOS** para la limpieza de la capilla. Comuníquese con Maria Sanchez al (707)542-6984 ext 100

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